



October, 2005

RIDE OF THE MONTH

Kevin Brown Wins for August with a Berry Good Birthday Ride and Party

Fourteen riders joined Kevin Brown on a leisurely ride through Washington Park and down the Interurban Trail to Woodside Road and back. Then he got the raspberry – literally. For his 49th birthday party, Kevin's wife Lola Lucas provided a delicious chocolate raspberry cake with a bicycling theme, which Kevin had requested and had been dreaming about for months. Kevin brewed a raspberry wheat ale for the enjoyment of dozens of SBC members and other family friends. A berry good time was had by all. Thanks, Kevin and Lola!

ALMOST ANYTHING AWARD

AAA Winner Bill Houlihan Arranges a Rare Meeting at the Governors Office

Putting the Interurban on the radar screen of the highest office in the state, Bill Houlihan, Downstate Director for the Office of U. S. Senator Dick Durbin, succeeded in scheduling a meeting at the Governor's office with the principal parties to discuss options for the Trail. Present were representatives from IDOT, IDNR, Commerce Commission, Norfolk & Southern Railroad and the Governor's Office, Ed Barsotti of the LIB, Bill Houlihan and Ann Daugherty from Sen. Durbin's office. And of course, Lynn Miller and Bill Donels of Springfield Bicycle Club. IDOT seems poised to consider options to separate the Trail from a crossing of the railroad and MacArthur. We are very pleased with the leadership Bill Houlihan and Senator Durbin have provided to protect the integrity of the Trail.

LEAD WATER BOTTLE

Terri Nelson's Big Dog Encounter on RAGBRAI

Just before turning in one night on RAGBRAI, Terri Nelson took her contacts out and went to the restroom. When she came out she noticed someone had left their large black dog unsupervised, and that it was sitting in her path. She yelled "scat" and "shoo" but the beast would not move. Terri edged around it and made it back to her tent alive, complaining to her fellow bikers about rude people who let their dogs run loose. The next morning she discovered the "dog" was actually a fire hydrant. We appreciate all of her work designing the CCC brochure, but for being too vain to wear her glasses, Terri has earned the lead.

The President's Report

Dave Ross

Does anyone besides me remember the kindergarten song, "The wheels on the bus go 'round and 'round"? I've got it stuck in my head these days, but the words I'm using now are, "Volunteers make the Club go 'round and 'round'!"

Volunteers make the Springfield Bicycle Club great. Elsewhere in this issue is a list of all the volunteers for this year's very successful Capital City Century; if you see one of these volunteers on the road, be sure to thank them for their time and efforts. In addition, we have folks who volunteer for our Old Jacksonville Road clean-ups, Senior Olympics, Iron Horse Triathlon, annual

picnic, holiday party, leading rides, and so on and so forth. All these volunteers deserve our heartfelt thanks.

Board members are also volunteers. Over the past year while I've been on the Board, I have been impressed by how much work the Board members do behind the scenes, often for little or no recognition. Why do they do it? To give a little bit back to the Club that has done so much for them.

At our September Board meeting, new Board members were elected. Board members who are retiring (or at least taking a hiatus from serving on the Board)

include Chuck Orwig, Cindy Moreno, Cindy Kvamme, Jerry Ihnen, Tom Clark, Curt Evoy, Christa McLaren-Morris, and Lyn Schollett. If you see any of these folks on the road – or any other past Board members – please thank them for their service.

So, thanks to all our Club volunteers for all that you do. And if you are a Club member who hasn't volunteered in the past, think about doing so this year: lead a ride, bake a cookie, pick up some litter, staff a food stop, serve as a corner marshal, drive SAG. Let's all keep the Club going 'round and 'round.

See you on the road!

CC Food Thank You

Lynn Miller and Sue Hack

The food to feed the riders for the CCC does not happen without volunteers at every turn. We would like to thank the following people who worked hard on a hot day at the food stops: Dara Voss, Cindy Kvamme,

Cindy Moreno, Francie King, Christine Kohlrus, Jon Edwards, Bob Sorenson, Garland Stevens,

Terry Clark, Lynn Rhoades, Deb Cooper, Alan Josephson, Linda Butler, Mike Becker, Jan Cimarossa, Jack Elston, Dave Lucas, Daniel Ewing, Lanny Pratt, Mike Elston, Lenny Miner, Harriet Josephson, Brea Elston, Kedra Elston, Christa McLaren-Morris, Kathy Fox, Gerry Orwig, Judy Shipp, Gary Boner, Kathleen Winhold, Curt

Winhold, Don Byrd, Roger McCredie, Lyn Schollett, Hope Rolens, Byron Nesbitt, Candy German, Dave Ross, Ken Anderson and Curt Evoy. A special thanks goes to Harriet Josephson, Dara Voss, Byron Nesbitt, Dave Ross and Curt Evoy for being chairpersons of the respective food stops.

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Board Meeting Notes - August 2, 2005

Dave Ross

Attending: Chuck Orwig, Karl Kohlrus, Dave Lucas, Lyn Schollett, Alan Josephson, Bill Donels, Lynn Miller, Curt Evoy, Ken Anderson, Christa McLaren-Morris, Cindy Kvamme, Cindy Moreno, Dan Butzirus (HAM Radio Club), Dave Ross.

While enjoying snacks and butter cake provided by Ken, the minutes of the July meeting were approved.

Treasurer's Report. Dave Lucas reported that our balance as of the end of July is \$15,379.21.

Ride Schedule and Meetings. Cindy Moreno noted that there are still some open ride dates in September, including Labor Day. No morning rides will be planned for the Senior Olympics weekend since we want to encourage volunteers to assist with the Olympics. The next Board meeting will be on Tuesday, September 6, at Dave Ross'.

Awards. Since Tom Clark was out of town, Chuck presided over the awards. John and Judy Day were awarded with the Ride of the Month for their Red,

White and Blue potluck. There were many nominees for the Almost Anything Award: Dave Lucas handled "presidential" phone calls and email while Chuck was in France; Micci Bly escorted Lance (the dog) to safety on a ride; Alan and Harriet for the annual picnic; and Lance and Lisa Kidd for their awesome feats of riding in France. The AAA was awarded to Lance and Lisa. Christine Kohlrus nominated herself for the Lead Water Bottle award after Sue Hack – not known as one of the fastest riders in the club – had to ask Christine to "speed up a little" on the trail. With much hilarity, the Board awarded the LWB to Christine.

Legislative / Education Report. Lynn reported that we have had a reply from the Secretary of IDOT: while there is no real resolution yet, IDOT says they are considering our concerns regarding the MacArthur extension project. Lynn and Bill are trying to set up a meeting with Christine Reed of IDOT to continue this discussion.

Karl mentioned that the meetings regarding the San-

gamon Valley Trail went well. Sangamon County is ready to begin work on the portion of the trail from Centennial Park to Stuart Park. Many people at the public meetings asked for that project to be extended beyond Stuart Park to the bridge over the Sangamon River. Bill Donels noted that Ray LaHood added \$400,000 to the federal transportation bill earmarked for this trail.

Social Chair Report. Alan noted that Mike Royer is out of the hospital. It was also noted that the picnic was at a nice location and a nice time. Perhaps we should keep the picnic in the evening.

Special Events. Jerry was unable to attend this meeting, but Dan Butzirus from the HAM radio club talked to us about plans for the CCC. They will set up a semi-secure digital network between the Beach House and Auburn, and will have more GPS tracking capabilities in the SAG vehicles this year. The Board expressed its appreciation to the radio club for their assistance.

Chuck noted that he will

contact Jerry about setting up a CCC meeting to ensure that everything is in place.

Quick Release. Curt reported that all is well with the newsletter. A question was raised about the software that the new editor may need; the Club will purchase software if necessary.

Nominating Committee. Lyn reported that the committee had identified nominees for most Board positions, but a few positions were still open. The Board thanked the committee for their hard work, and asked them to continue working; Board elections were postponed until the September meeting.

Old Business. The “to discuss” email list was brought up; the Board approved a motion to change the list from an “announcement”

list to a “moderated discussion” list, with David McDivitt serving as the moderator. This will enable any subscriber to the list to post items to the list with the moderator screening messages for appropriateness before sending them on to the entire list.

New Business. An issue regarding the SBC's use of the local trails was raised. When we begin a ride at one of the trails, we put a lot of riders on the trail at once – and these riders tend to be faster than the “normal” trail users. This is especially a problem for the weekly evening ABC training rides. The consensus of the Board was that it is not good for the SBC to monopolize the trails in this way. It was suggested that training rides be rerouted to avoid use of the trails, and that rides not begin on the trails. (A longer ride that

uses a trail in the middle or at the end of the ride is OK because our riders are more spread out by then.)

A question was raised about the Around Illinois Back Roads tour; Chuck will follow up on this.

Dave Lucas noted that the price for club name badges has gone up again; the Board changed the fee for name badges to \$10.00.

The Rochester Women's Club is trying to get a “comfort station” built at the Rochester trail head; the SBC has written a letter of support for this effort.

With thanks to Ken for his hospitality, the meeting was adjourned.

Next meeting: 7:00 p.m., Tuesday, September 6, at Dave Ross' home, 1620 S. Whittier.



Capital City Century Thank You Jerry Ihnen

Flyers: Designed by Terri Nelson, distributed by Don Struck

Signs: Put up by Lance Kidd and Alan Josephson mentored by Don Struck

Fish and Brats: Mike Elston and Lanny using Mike Royer's fryers

Food Chairs: Sue Hack and Lynn Miller

Beach house: Cindy Moreno, Lynn Scholett, Kedra Elston

Aurburn: Bob Sorenson

Modesto: Byron Nesbit

Cornfield: Curt Evoy

Grillers: Jack Elston, Daniel Ewing, Jan Cimarossa, Lanny

Fish Fryers: Lanny, Mike Elston

Turbo-Blender: Dave Lucas

T-shirts: Linda Butler

Registration: Kevin Brown before the event with Debbie Ihnen doing event day registration, helped by Mark and Linda Flowtow, B. J. Hollis, Rachel Ihnen, Amy Ihnen, Gerri Orwig, Linda Butler

Sag Vehicles Dale Isaacson, (chair), Mike Eyeman, Terri Nelson, Tom Clark, vehicles donated by Isringhausen Imports

Route Markers Chuck Orwig, Ernie Defrates, Pete Gudmenson, Dave Lucas, Dave Ross, Cindy Moreno, Regina McGuire, Dale Isaacson, Bob Sorenson, Jerry Ihnen, Philip Ihnen, Louie Spinner, Ben Fox



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Thank you also to Garland and Lesley Stevens who made a Sam's run for forgotten fruit and to Louie Spinner for meeting and greeting us as we went in and out repeatedly of the SBC storage area in his business. Thank you to Scott Stevens, Lynn Miller's neighbor, who loaned us his truck and drove his truck, loading and unloading food. Thank you to Mike Elston for his general hauling service. Thank you to Andrea Butler, Lynn's wife, for allowing their home to be invaded, even the day following an automobile accident.

Thank you to the following "cookie callers" who did calling and e-mailing to line up the sweet treats that everyone enjoyed: Brigetta Ewing,

Cathy Yeaman, Gerry Orwig, Regina McGuire, Linda Butler, Sharon Stanley, Francie King, Harriet Josephson, Kathy Shepard and Christine Kohlrus. They also sent you reminder postcards so you didn't have a chance to forget!

There were over 90 households that contributed baked goods to keep all of those riders and volunteers

going. Thank you to the following:

Ken and Sandy Anderson, Phil Arnold, Peter and Debra Avery, Heather Bailey, Mike Becker, Micci Bly, Carol Bock, Theresa Boley, Kevin Brown and Lola Lucas, Linda Butler, Don Byrd, Don Caspary, Stephen Cathey,

Ed Caupert, Jan Cimarossa, Tom Clark, Marilyn Clark, Jim Covington, Rick Cox, Don Daniels, John and Judy Day, Ernie DeFrates, Tom Dodegge, Tim Duggan, Jon and Kathleen Edwards, Kedra Elston, Brigetta Ewing, Mike and Cheryl Eyemann, Mark and Linda Flotow, Mary Grant, Arden Gregory, Sue Hack, Jim Hajek, Mike Hills, Jack and Tracey Hurley, Jerry and Debbie Ihnen, Dale Isaacson, Lynndell Jarrett, Joel Johnson, Alan and Harriet Josephson, Tom and Francie King, Jeff and Colleen Koester, Karl and Christine Kohlrus, Kent and Kathy Kraft, Cindy Kvamme, Robert and Cyd LaBonte, David Leigh, Dan and Karen Guger Leikvold, Debbie Lewis, Ruth Magos, Sid and Natalie Marder, Susan McClintock, Roger McCredie, David McDivitt, Regina McGuire, Brenda Michel, Dan Mitchell, Cindy Moreno,

Christa McLaren-Morris, Carl Morris, Judy Nesbitt, Gerry Orwig, Janice Perino, Marilyn Powell, Charlie Rabins, Lynn Rhoades, Connie Roberts, Dave Ross and Sheryl Essenburg, Pat Ryan, Rich and Dana Saal, Sister Josepha Schaeffer, Roger Schnelton and Hope Rolens, Lyn Schollett, Matthew Scrivano, Aaron Shehan, Mark Smith and Kathy Shepard, Steve and Tonya Smith, Bob and Mickey Sorenson, Sharon Stanley, Garland and Lesley Stevens, Gary Swaggerty, Cindy Tubbs, Karl Vogel, Dara Voss, Brian Watkins, Katie Weidner, Wheel Fast Bicycle Co., Jim Winhold, Curt and Kathleen Winhold, Dean Wisleder, Charlie Witsman, Barry and Theresa Wood, George Woulard, Cathy Yeaman and Bruce Yurdin.

The brats that were left were donated for the Oktoberfest held by Roger Schnelton and Hope Rolens. The other remaining food was gratefully received by the Inner City Mission.

Secretary's Report Cindy Kvamme, Secretary

Renewals

Lynn Rhoades
 Robert & Cyd LaBonte
 Ellen Kay Schlieckau
 Clint Ancelet
 Rob Dombro
 Roger McCredie & Family
 Armand Tippet
 Grover Everett
 Lynndell Jarrett
 Steve Berry & Family
 Mary Thomas
 Charles Witsman
 Margaret Kelly
 Dorothy Hosto
 Heather Bailey & Tracey Fifer

Renewals at the Contributing Level

Edward Cunningham

Renewals at the Sustaining Level

Randy Germeraad

New Members

Chris King
 Kerry Wright
 Dale Salisbury
 Jack & Virgene Fair

**Thanks to all for your support of the SBC and
 bicycling!! Ride safe!!**

Note: Renewals or new applications not received by the end of the first week of the month may be recorded on next month's report.



Hybrid Bike for Sale: Trek 720 Multi Track twenty inch frame. Straight handle bars with bar ends and a computer, step through frame with water bottle cage. Good commuter bike. \$100 obo. Call Mary Lou Hicks or Cathy Yeaman at 483-4912.

For Sale: Santana Elan Tandem 56cm captain and 52 cm stoker. Older bike in good condition, asking \$875.

Santana Vision Tandem 46cm captain and 45 cm stoker. This tandem is newer and has 26" wheels with slick tires and road bars. Very good condition, asking \$1400.

217-546-1698

October 2005 Ride Schedule

Anyone with questions about the scheduled rides should contact the ride leader. If you are interested in leading a ride contact Kevin Brown at 787-5652

Daily rides are displayed above the shaded area and go as indicated except as noted. Special events, weekend, and holiday rides are listed below the shaded area. Club ride sheets should be completed for each ride. Ride sheets in .pdf format can be found on the club website (www.spfldcycling.org).

Ride leaders – please remember to arrive approximately 15 minutes before the schedule ride start, introduce new riders and lead from the back – or make arrangements for someone to ride in the back. Ride leader guidelines are on page 2 of the club sign in sheet.

Weekday Daytime Rides:		
Monday thru Friday 9:00 AM	Morning Geezer Ride Washington Park Shelter Dave Ross, 789-4823 for info	BC ride, Daily morning rides for retired geezers or those hoping to become geezers. No leaders, no maps. Participating riders should turn miles in to Karl Kohlrus.
Monday thru Friday 10:00 AM	Daily Show & Go Pana Trail-Lake Taylorville parking lot, Rt 29	BC ride, Show-N-Go along the Lincoln Heritage Trail. Turn miles into Karl.
Tuesdays & Thursdays 12:15 PM	Robert Morris College west parking lot – 3101 Montvale Dr. Dave Ross, 789-4823	BC West side “Recess” ride. We head out on the Wabash & Interurban trails, or sometimes wander through the country. If Dave can’t make it, this becomes a Show & Go.
Mondays Wednesdays and Fridays Noon	IDOT, Lost Bridge Trail Dirksen Parkway Lisa Kidd, 546-1698	BC ride “Lunch with Lisa” ride. Lisa leads the noon trail ride. Skip lunch and ride on the trail with Lisa and other SBC regulars.
Weekday Evening Rides: Have just under an hour of daylight – bring head & tail lights just in case.		
Mondays 5:30 PM	Parkway Point Movie Theatre Show & Go	C ride. An easy ride to get started and gain conditioning while going slow enough for conversation. 12-18 miles.
Tuesdays 5:30 PM	Carmody Residence 517 Appomattox Dr. Show & Go	ABC Training Ride. This is the West side ride and is geared for those who want to train hard and fast. Several cutoffs from 12-20 miles.
Tuesdays and Thursdays 5:30 PM	IDOT, Lost Bridge Trail Dirksen Parkway Show & Go	BCD ride, Show-N-Go along the Lost Bridge Trail. Turn miles into Karl.
Tuesdays and Thursdays 5:30 PM	Taylorville Firststar Bank 106 W Market St. Charles Witsman, 562-5208 for info	ABCD ride, Taylorville Training Ride. Meet in the rear parking lot of the bank. 12-20 miles. Turn in miles to Karl.
Wednesdays 5:30 PM	Pana Trail-Lake Taylorville Parking Lot Rt 29 Charles Witsman, 562-5208 for info	BCD ride. This is a weekly show-n-go on the Lincoln Heritage Trail. Turn in miles to Karl.
Wednesdays 5:30 PM	Baskin Robbins MacArthur & Laurel Show & Go	D ride. This is designed as an easy, neighborhood social ride. No maps and everyone will stay together for about 1 hour. Followed by ice cream.
Thursday 5:30 PM	Rotary Park Archer Elevator & Iles Show & Go	ABC ride. Training ride. A fast workout to prepare for those longer weekend rides. D riders are welcome to stretch their abilities but will be riding alone unless they have a buddy. Several cut offs from 12-20 miles.

Saturday Oct 1 st 8:00 AM	Rochester Station, Rochester Aaron Shehan 525-8699	ABC, Aaron's Birthday Ride . Plan on 50 miles towards Mt. Auburn, New City, Chatham and back to Rochester. An alternate cut-off for those interested in riding a shorter distance. Aaron will provide cake and refreshments in Auburn. Riders provide the singing.
Saturday Oct 1 st 6:00 PM	Show-Me's 3101 S MacArthur Jim Disney, 793-9349	ABC, Night Pub & Pizza Ride . We will ride via the Interurban Trail and blacktop to Rockie's in Auburn for pizza and beverage of choice. The black top from Auburn to Chatham is not heavily traveled but a front and back light is a must , plus the Interurban trail can be very dark. Anyone interested in joining us but not riding – please contact Jim, we could use sag drivers.
Sunday Oct 2 nd 9:00 AM	Jim Edgar Panther Creek Highway 125 past Ashland Ernie DeFrates, 544-1398	ABC MB, Panther Creek State Park ride . Bring your road bike, mountain bike or both. A 25, 42 and 67 mile road route or a 17 mile mountain bike route are just some of the options to choose from at the park. Meet at the mountain bike trailhead near the site office.
Wednesday Oct 5 th 7:00 PM	Cindy Kvamme 205 S. State 744-8864	NC, Board Meeting, Cindy is hosting this month's Board meeting .
Friday Oct 7 th 6:00/7:00 PM	Westwoods Lodge 2406 West Jefferson	NC, This is a chance to walk for an hour with your SBC buddies or just enjoy a social hour.
Saturday Oct 8 th 9:00 AM	Sherman City Park Karl Kohlrus 544-8410	ABC, Karl's Half-Century Birthday Ride . Ride to Elkhart or Mt. Pulaski 30 or 52 miles.
Sunday Oct 9 th 3:00 PM	245 Circle Drive Roger & Hope Schnelten 529-0780	BCD, 27th Annual Oktoberfest , ride 27 miles, with shorter options. Bike ride @ 3PM. Beer, soda, burgers, brats at the end of the ride. Side dishes welcome, lawn chair recommended and carpooling suggested. Music by Antone ~ 430PM. Bonfire @ dusk.
Monday Oct 10 th 9:00 AM	Rotary Park Lance Kidd 546-1698	ABC, Columbus Day Ride . Lance plans on a 40 to 50 mile route to parts out west of town. Maybe to explore new lands.
Friday Oct 14 th 6:00/7:00 PM	Barrel Head 1577 W. Wabash	NC, This is a chance to walk for an hour with your SBC buddies or just enjoy a social hour.
Saturday Oct 15 th 10:00 AM	Sherman City Park Karl Kohlrus 544-8410	ABC, Fall Colors & Hills Ride . Karl plans on a 25 to 50 mile route today.
Sunday Oct 16 th 9:00 AM	Rochester Station Bob Sorenson 529-1141	ABCD, Bob plans to take us to Edinburg. D riders can enjoy the trail.
Sunday Oct 16 th 4:00 PM	Coldwell Banker Realty 3201 Old Jacksonville Rd. Garland Stevens, 698-8363	Old Jack Clean Up . This is the last clean up of the season. Garland is planning a repeat of last year's Toot Beer Float extravaganza. We might even proceed with a neighborhood ride if we haven't "floated" away. Brings lights just in case.
Friday Oct 21 st 6:00/7:00 PM	Imo's Pizza 751 S. Durkin Dr.	NC, This is a chance to walk for an hour with your SBC buddies or just enjoy a social hour.
Saturday Oct 22 nd 9:00 AM	Fairhills Mall Chatham Road & Washington Marty Celnick, 522-4206	ABC, Marty usually comes up with a great route. Plan on 25 to 50 miles.
Sunday Oct 23 rd 10:00 AM	Miner's 720 W. Main, Rochester 971-8037 lminer@insightbb.com	ABCD, Pie Ride with a twist . Since John Day isn't able to take his annual ride Len has offered to fill in. Len says plan on a 40-mile route and D riders can ride the trail. Pies optional but welcome. Come for pies at 1pm no matter the weather.
Friday Oct 28 th 6:00/7:00 PM	Thailand Cuisine 3124 Montvale	NC, This is a chance to walk for an hour with your SBC buddies or just enjoy a social hour.
Saturday Oct 29 th 9:00 AM	4123 Crocus Linda Butler, 787-5027	ABC, Apple Dumpling Ride . Linda brings back her now annual apple dumpling ride. Ride distance will be 30 – 40 miles towards Salisbury and Pleasant Plains then return to Linda's for apple dumplings.
Sunday Oct 30 th 10:00 AM	Orwig's 3019 Cameron 793-3782	ABCD, The Daylight is Gone Ride . Gerry and Chuck are hosting the annual head of daylight savings time ride. Plan on a route of 40 miles with shorter options. Soup will be served until two o'clock. Soup is served no matter the weather – arrive at noon.

Springfield Bicycle Club Mileage and Activity File As of August 31, 2005

Possible Miles for the Month: 1609

Year: 7827

Name	RIDE	T/F	TOTAL	RIDES	LED	RIDE					
						RIDE	T/F	TOTAL	S	LED	LENGTH
Byron Nesbitt	1103	54	1157	24		4897	381	5278	121	2	43.6
Cathy Yeaman	907	76	983	18		4430	470	4900	93	5	52.7
Marty Celnick	566	120	686	21		3813	1033	4846	163	10	29.7
Tom Clark	503	202	705	19		3202	1123	4325	133	1	32.5
Pete Gudmundson	970	0	970	20	1	4271	15	4286	96	2	44.6
Lynn Miller	675	27	702	16		3776	211	3987	104	3	38.3
Lisa Kidd	592	149	741	23		3210	615	3825	125	1	30.6
Lance Kidd	428	115	543	15		3033	573	3606	113	8	31.9
Phil Arnold	285	149	434	7		2306	1178	3484	68	1	51.2
Arden Gregory	285	82	367	6		2447	923	3370	73	0	46.2
Derek Ewing	736	240	976	16		2372	661	3033	57	0	53.2
Karl Kohlrus	286	118	404	9		1883	1024	2907	71	2	40.9
Bill Bock	640	0	640	15		2882	0	2882	70	0	41.2
Curt Evoy	252	42	294	6		2453	368	2821	71	1	39.7
Ruth Magos	580	27	607	15		2653	27	2680	68	0	39.4
Lynn Rhoades	401	136	537	11		1910	648	2558	55	1	46.5
Bill Voss	259	146	405	14		1791	723	2514	79	0	31.8
Carol Bock	551	0	551	13		2462	0	2462	60	0	41.0
David McDivitt	382	16	398	12	1	2214	141	2355	76	1	31.0
Robert LaBonte	370	36	406	16		2118	165	2283	101	7	22.6
Pat Stephens	426	0	426	13		2217	12	2229	80	0	27.9
Dave Ross	560	146	706	21		1900	275	2175	72	14	30.2
Dave Lucas	434	81	515	22		1730	387	2117	101	8	21.0
Cindy Kvamme	313	6	319	14		1909	138	2047	91	1	22.5
Garland Stevens	225	24	249	10	5	1643	395	2038	71	7	28.7
Ken Anderson	426	97	523	12	1	1553	471	2024	50	4	40.5
Chuck Orwig	27	46	73	4		1498	394	1892	55	1	34.4
Ernie DeFrates	257	0	257	10		1808	9	1817	73	4	24.9
Mike Vonnahmen	341	8	349	12		1661	83	1744	57	0	30.6
Bob Sorenson	296	48	344	8		1474	170	1644	44	0	37.4
Joel Johnson	294	127	421	8		1125	489	1614	32	0	50.4
Alan Josephson	198	8	206	7	2	1417	197	1614	60	12	26.9
Jon Edwards	235	102	337	10		1183	271	1454	42	0	34.6
Marilyn Powell	330	5	335	15		1391	60	1451	56	0	25.9
Bruce Yurdin	309	48	357	9		1275	131	1406	35	0	40.2

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Year: 7827

Name						RIDE					
	RIDE	T/F	TOTAL RIDES	LED		RIDE	T/F	TOTAL	S	LED LENGTH	
Gary Swaggerty	76	0	76	4	1	1093	294	1387	40	7	34.7
John Day	120	6	126	3		1212	148	1360	38	2	35.8
Roger McCradie	49	0	49	1		1228	105	1333	33	0	40.4
Brock Webb	270	0	270	5		1168	140	1308	25	0	52.3
Bob Carmody	250	12	262	9	5	1219	55	1274	44	15	29.0
Charlie Witsman	54	0	54	1		1146	71	1217	32	0	38.0
Cindy Moreno	248	18	266	11	3	1051	112	1163	51	4	22.8
Micci Bly	95	3	98	3		1108	18	1126	27	1	41.7
Jerry Ihnen	32	10	42	2		956	80	1036	26	2	39.8
Kathy Shepard	239	36	275	12		859	99	958	47	1	20.4
Mark Smith	304	76	380	13		768	167	935	39	0	24.0
Dan Mitchell	49	0	49	1		918	6	924	21	0	44.0
Sr Josepha Schaffer	225	0	225	6		896	15	911	28	0	32.5
Rich Saal	207	51	258	6		638	237	875	29	0	30.2
Linda Butler	192	0	192	8		804	22	826	33	1	25.0
Don Daniels	179	44	223	4		623	197	820	15	0	54.7
Cyd LaBonte	183	0	183	9		725	6	731	41	0	17.8
Katie Weidner	274	10	284	10		659	62	721	24	0	30.0
Kent Kraft	210	8	218	6		666	55	721	22	0	32.8
Sue Dees	203	8	211	11		685	24	709	40	0	17.7
Jackie Galli	118	3	121	5		649	54	703	20	0	35.2
Matt Saner	96	0	96	5	5	510	142	652	20	17	32.6
Janice Perino	93	29	122	14		520	105	625	40	0	15.6
Aaron Shehan	41	0	41	1		552	71	623	13	0	47.9
Karen Bretenbach	142	0	142	3		579	19	598	16	0	37.4
Kevin Brown	119	19	138	9		562	35	597	38	5	15.7
Ben Fox	142	0	142	6		589	0	589	21	0	28.0
Connie Roberts	149	4	153	6		578	10	588	21	1	28.0
Brigitta Ewing	131	30	161	8		516	35	551	28	0	19.7
Christine Kohlrus	26	22	48	1		281	259	540	18	0	30.0
Roger Wright	180	108	288	4		349	189	538	9	0	59.8
Ed Taylor	137	4	141	6		506	32	538	22	0	24.5
Jan Cimarosa	82	0	82	4		537	0	537	22	0	24.4
Daniel Ewing	130	0	130	4		398	69	467	14	0	33.4
Gerry Orwig	39	49	88	5		228	227	455	25	0	18.2

Springfield Bicycle Club Mileage and Activity File As of August 31, 2005

Possible Miles for the Month: 1609

Year: 7827

Name					RIDE					
	RIDE	T/F	TOTAL RIDES	LED	RIDE	T/F	TOTAL	S	LED	LENGTH
Steve Smith	76	25	101	5	387	40	427	23	0	18.6
Harriet Josephson	99	0	99	6	404	19	423	26	0	16.3
Curt Winhold	49	0	49	1	322	90	412	8	0	51.5
Lyn Schollett	52	0	52	3	320	49	369	20	4	18.5
Julie Perino	230	24	254	10	311	57	368	14	0	26.3
Brian Watkins	82	0	82	3	366	0	366	13	0	28.2
Angie Gum	62	0	62	3	326	40	366	13	0	28.2
Jon Halterman	109	94	203	3	216	130	346	7	0	49.4
Dale Isaacson	41	0	41	1	277	49	326	9	0	36.2
Mike Schwab	12	0	12	1	272	33	305	23	4	13.3
Hope Schnelten	27	0	27	2	291	12	303	16	0	18.9
Christa Morris	80	0	80	6	279	0	279	19	0	14.7
Brian Tober	90	44	134	2	209	66	275	7	0	39.3
Pete Harjes	14	0	14	1	274	0	274	9	0	30.4
Rob Landers	40	14	54	2	241	29	270	9	0	30.0
Roger Schnelten	49	0	49	1	223	12	235	11	0	21.4
Rob Dombro	34	0	34	2	223	0	223	11	0	20.3
Dee Wise	80	80	160	4	100	100	200	5	0	40.0
Cindy Johnson	63	6	69	3	169	10	179	6	0	29.8
Grover Everett	49	0	49	1	165	0	165	3	0	55.0
Tony Henn	20	10	30	2	135	30	165	9	0	18.3
Mike Ryan	51	3	54	1	123	37	160	3	0	53.3
Tracey Cimarosa	19	0	19	1	154	0	154	8	0	19.3
Jim Matheny	24	0	24	1	132	10	142	5	0	28.4
Brenda Michael	18	0	18	1	130	0	130	8	0	16.3
Autumn Watkins	33	0	33	1	129	0	129	4	0	32.3
Cindy Tubbs	28	0	28	2	120	6	126	8	0	15.8
Harv Kaplo	68	1	69	4	121	1	122	6	0	20.3
Ryan Maddox	60	0	60	3	100	22	122	4	0	30.5
Mary Lou Hicks	75	0	75	3	105	0	105	4	0	26.3
Mark Shea	73	10	83	4	87	10	97	5	0	19.4
Paul Anthony	31	2	33	2	81	7	88	5	0	17.6
Charlie Rabins	51	9	60	1	51	9	60	1	0	60.0
Mike Eymann	12	0	12	1	56	0	56	3	0	18.7
Sue Hack	18	0	18	1	53	0	53	5	0	10.6

Springfield Bicycle Club Mileage and Activity File As of August 31, 2005

Possible Miles for the Month: 1609

Year: 7827

Name						RIDE					
	RIDE	T/F	TOTAL RIDES	LED		RIDE	T/F	TOTAL	S	LED	LENGTH
Lynn Bale	20	12	32	1		40	12	52	2	0	26.0
Kerry Wright	50	0	50	3		50	0	50	3	0	16.7
Kathleen Winhold	12	0	12	1		39	5	44	3	0	14.7
Mike Dwyer	41	0	41	1		41	0	41	1	0	41.0
Susan McClintock	18	0	18	1		36	0	36	2	0	18.0
Jonathan Reninger	12	6	18	1		26	6	32	2	0	16.0
Chihoko Sayo	12	6	18	1		26	6	32	2	0	16.0
Adam Galli	31	0	31	1		31	0	31	1	0	31.0
Alison Burnett	21	0	21	1		21	0	21	1	0	21.0
Dale Salisbury	18	0	18	1		18	0	18	1	0	18.0
Scott Sievers	12	6	18	1		12	6	18	1	0	18.0
Marty Morris	14	0	14	1		14	0	14	1	0	14.0
Ellen Schlieckau	14	0	14	1		14	0	14	1	0	14.0
Steve Sheen	14	0	14	1		14	0	14	1	0	14.0
Louie Midiri	12	0	12	1		12	0	12	1	0	12.0
Jacob Huls	5	0	5	1		5	0	5	1	0	5.0
TOTALS	22751	3383	26134	783	24	122479	18560	141039	4344	166	32.5

RIDE TYPES

A - 18+mph average speed

B - 15 to 18 mph average

C - 12 to 15 mph average

D - 8 to 12 mph average

ER - under 8 mph average*

NC - Non-cycling event

MB - Rides suitable for mountain and all-terrain bikes

Show-N-Go - No ride leader is scheduled. Ride on your own and turn in miles to the Club's Record Keeper.

ER rides are slow paced social group rides without maps. Usually neighborhood tours.

Incentive Chair Transition Tom Clark and Sue Hack

If you have worked hours for SBC volunteer events this year, thank you! For every five hours you work, your name goes in the hat for a drawing at the Holiday Party for a gift certificate at your favorite local bike shop. Thanks to Secretary Cindy Kvamme for organizing volunteers again this year. VP-Rides Cindy Moreno did a great job with her Ride Leader incentive program as well. Also thanks to members who have been submitting ride miles to Records Keeper Karl Kohlrus. These miles apply toward Spinner Awards Ceremony prizes. And thanks to Karl for keeping members' miles again in 2005.

Volunteer hours. Anyone who works hours in connection with an SBC volunteer event (i.e., Old Jack Cleanups, Derek's races, Iron Horse, Century, Senior Olympics) during the year is encouraged to submit the

day, the event and hours worked to the new Incentive Chair, Sue Hack, by e m a i l a t shack@familyonline.com or 546-4514. All hours submitted to date have been logged, and the spreadsheet has passed on to Sue.

21st century mileage pin distribution. Every member who rides 1000 or more miles during a calendar year is encouraged to pick up their mileage pin at the Spinner Awards Ceremony in January. Because about 90 mileage pins never made it to 53 rightful owners from 2000 through 2004, an effort is underway to distribute remaining pins by December 31. We'll start anew next year.

Monthly awards. We have four monthly prizes announced in the QR: Ride of the Month, Almost Anything Award, Rider of the Month, and Lead Water Bottle (debatable if Lead is an "award"). For two of

these prizes, Rider of the Month and Almost Anything Award, there's a collar or band that fits over a bicycle's top tube. Each winner passes the collar on to the next. Winners helped make this process go smoothly this year. You can bask in the limelight when you read about winning Ride of the Month, but there's no bike collar for this award.

Where's the lead? The Lead Water Bottle is an actual object, a water bottle filled with Lead shot, designed to be carried by willing recipients. We're sad to report that the Lead is missing. We have not received photographs of the Lead in exotic locations, or reports of its untimely demise, so we assume somebody has just forgotten to pass it on or give it back to the Incentive Chair. Please advise Sue Hack if you know where the Lead is.

Riders of the Month

8/05 Lisa Kidd 741 mi.	4/05 Byron Nesbitt 607 mi.	12/04 Dave Ross 388 mi.
7/05 Arden Gregory 844 mi.	3/05 Marty Celnick 540 mi.	11/04 Lisa Kidd 360 mi.
6/05 Cathy Yeaman 1092 mi.	2/05 Lynn Miller 565 mi.	10/04 Karl Kohlrus 430 mi.
5/05 Pete Gudmundson 1006 mi.	1/05 Tom Clark 373 mi.	9/04 James DuBose 1407 mi.

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October, 2005

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