



Ride of the Month

This month's ride is **Jon Edwards' Sunday, August 13, 2006, morning ride.**

Jon led this 30-40 mile ride from the west end of the Lost Bridge Trail. They rode to Rochester then south toward New City. Onward they rode to Pawnee and then explored a new road, Joline Road. At the west end of the bridge under construction near Ball School, they rode on Wahl Road which Jon likes because it resembles a little roller coaster. Thank you, Jon, for putting together an interesting ride.

Almost Anything Award

This month's AAA goes to **Mike Becker for his articles in the QR highlighting the history of the Springfield Bicycle Club.**

Mike has been providing the "SBC Memories" portion of the QR for the past several months. The board is recognizing his hard work and writing skill in bringing us this information from as far back as the club's inception 35 years ago. He is bringing back memories for some, insight into the club's members and activities along this 35 year journey for all of us and the opportunity for chuckles sprinkled throughout the writing. Thank you, Mike.

Lead Water Bottle

Roger Wright wins this month's lead for running (or is that riding?) a red light at the corner of Veterans and Washington.

On Dave McDivitt's August 20, 2006 ride beginning at Fairhills Mall, Roger kept going through this red light. As the voting was taking place, comments were also made about Roger's habit of riding in circles on the occasions that he does wait for the light to turn green. Safety first, Roger!

Riders of the Month

8/06 Bill Bock, 759 mi.	4/06 Pete Gudmundson, 757 mi.	12/05 Ben Cole, 201 mi.
7/06 Charlie Witsman, 1633 mi.	3/06 Phil Arnold, 646 mi.	11/05 Charlie Witsman, 657 mi.
6/06 Chuck Orwig, 650 mi.	2/06 Marty Celnick 456 mi.	10/05 Lance Kidd, 842 mi.
5/06 Cathy Yeaman, 1190 mi.	1/06 Tom Clark, 543 mi.	9/05 Ruth Magos, 690 mi.

The President's Report

October 2006

How many volunteers does it take to put on a Century? (No, this isn't one of those "light bulb" jokes.) The answer is somewhere in the neighborhood of one hundred forty—and many of those performed multiple duties. Wow! Many, many thanks to all of you.

I heard almost nothing but good comments about the CCC: great organization, route, markings, FOOD, support, etc. Many people said they would return next year and bring friends. This is a great testimony to our Club and to our Century. Congratulations, one and all.

Well, we have a few weeks of Daylight Savings Time left—I hope you find time to spend some of it on your bicycle.

See you on the road!

Secretary's Report

Ken Anderson, Secretary

Renewals

Pete Gudmundson
 Robert Landers
 John Nunneman
 Rob Dombro
 Grover Everett
 Robert Sorenson & Family
 Kerry Wright
 Paul Anthony
 Lynn Rhoades
 Ellen Schlieckau
 Derek Ewing & Family
 Pat Aulich
 Armand Tippet
 Margaret Kelly

Renewals at the Contributing Level

Sue Hack
 Bill & Dara Voss
 Dave Lucas
 David & Anita Mc Divitt

Alfred & Harriet Arkley
 Roger McCredie & P.J. Burtle-McCredie

Renewals at the Sustaining Level

Lynn & Andrea Miller

New Members

Keir & Keilyn Goatley
 Jeff Meyerhoff
 Jasen Vinlove
 Steve Lashbrook
 Jerry Collins & Family
 Greg Gutzman
 Dale Fagg
 Jo Ann Mumaw
 Lynn Walwer

Thanks to all for your support of the SBC and bicycling!! Ride safe!! Note: Renewals or new applications not received by the end of the first week of the month may be recorded on next month's report.

Board Meeting Notes— August 9, 2006

Connie Roberts, Recording Secretary

Attending: Kevin Brown, Ken Anderson, Dave Lucas, Cathy Yeaman, Alan Josephson, Sue Hack, Marty Celnick, Bill Donels, Aaron Shehan, Regina McGuire, Naomi Green, Connie Roberts.

Minutes of the July meeting were approved.

Treasurer's Report. Dave Lucas reported we have a balance of \$14,451.41 as of August 2, 2006.

Ride Schedule and Meetings. Kevin Brown reported he is open to suggestions for Friday evenings and social events. There was some discussion about some of the C-D rides. A few people have been left behind and an effort will be made to make sure ride leaders lead from the rear or designate someone else to. Regina and Naomi volunteered to draft an article about new riders for the Quick Release. The next board meeting is scheduled for September 6.

Awards. Sue Hack presided over the awards. The Ride of the Month was awarded to Matt Saner of Wheelfast for the Tour de Corn, a great ride he puts on each year. The Almost Anything Award was awarded to Lisa Kidd for her amazing ride up the Alpe d'Huez. Recognition also goes to Lance Kidd for being a supportive husband and Rich Saal for arranging coverage of the ride in the SJR. The Lead Water Bottle had two nominees. Tom Clark for losing a glove in his bike shorts

during a restroom break and Alan nominated Micci Bly for losing her sunglasses only to find out she had them all along in her helmet. By a very close margin Tom was the winner.

Legislative / Education. Lynn Miller was unable to attend but Bill Donels reported his items to the meeting. Lynn wrote a letter and a resolution to Senator Dick Durbin to thank him for his work to achieve funding for the Inter-urban Trail during the southward expansion. Both the letter and the resolution were approved by the board. Lynn is trying to set up a meeting with District 6 to discuss concerns about construction details. Representative LaHood has earmarked some \$400,000 for the Sangamon Valley Trail. Karl's bike map will probably be published in September. Bill also reported that prior to October the Federal Highway enhancement funds will be released for 2006 which will amount to 1.8 million dollars. IDOT will ask for grant proposals and hopefully the Sangamon Valley Trail will be approved since it wasn't last spring. In October they will also announce what is available for 2007.

Social Chair. Alan Josephson reported that no cards had been sent. Aaron Sheehan will take over the Social Chair position on the new board.

Special Events. Cathy Yeaman reported that everything

is going great with the CCC planning. The pre-registrations have been coming in with some from out of town.

Quick Release. Marty Celnick reported he will be starting on the September QR and will include the definitions of the various rides, A-D.

Old Business. The easy riders were discussed. The rides have become very popular especially on Sunday mornings. It was decided to leave them on the same schedule. There was discussion about the Tri-Fest and whether the SBC would help with it next year. It was decided to wait till next board meeting to discuss and decide when Dave could be present. The next years board was discussed and someone is still needed for the Vice President position.

New Business. Dave Lucas made a motion that if there is not a suitable candidate for the AAA or the LWB awards that they not be awarded that month. The motion passed. Bill had brochures for the Rolling on the River ride over Labor Day weekend. Proceeds go to the Illinois Environmental Council.

Thanks to Dave for getting the meeting room. The meeting was adjourned.

Next meeting: 7:00 p.m., Wednesday, September 6, at Kevin Brown's home, 8 Bridge Terrace.



Springfield Bike Club thanks our CCC sponsors:

Wheel Fast Bicycle Co.
BikeTek, Inc.
Microtel
R&M Cyclery
Days Inn
Springfield Radio Club
Spinner Plastics
Natural Health and Wellness Center

October Memories

By Mike Becker

110 Years Ago: (Yes, 110 years ago). The SBC predecessor, the Capital City Cycling Club (do you think they had a CCCC CCC?) attended the funeral of a member, riding their bikes as an escort. They were denied admission to Oak Ridge Cemetery because bikes were not acknowledged as vehicles. Also from the Springfield paper, Cycling Chat column: "Pavey, having sold his ordinary, will now probably appear on a safety. The boys all ridicule safety machines until they manage to sell their ordinaries when they make haste to join the safety crowd."

35 Years Ago: Then Lieutenant Governor Paul Simon was made an honorary SBC member. I'm sure it was this honor on his résumé that propelled him to far greater accomplishments. At the monthly meeting, slides of the Spoon River trip were shown. The Decatur Bicycle Club members were the SBC's guests.

30 Years Ago: Rich Huelskoetter and Bill Hermann showed slides at the club meeting of their 4,000 mile BIKECENTENNIAL '76 trip from Oregon to Virginia. 58 people were in attendance. Louie Spinner carried the Almost Anything Award this month for his spill on the Springfield Bicycle Club Annual Century. (This was pre-Lead Water Bottle).

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(continued from p. 4)

25 Years Ago: Bode Zietz (Bozo) described the League of American Wheelmen as having "an excellent monthly magazine (the best cycling magazine)". [Ed.: This was pre-BUSA, which was pre-LAB and the splinter cousin, LIB? With so many changes, and with the LAW having abandoned historical roots, it's difficult to keep track.] Several members rode the Kampsville Kookout, along with Lon Haldeman (who had just set three new transcontinental records: west to east, taking one day of the old record; east to west, taking three days off; and round trip, besting the old record by 12 days) and "his friend, Susie Notorangelo, who hopes to establish a women's crossing record." She did. She also rode the Capital City Century in September.

20 Years Ago: Toni Patt joined SBC. As you will recall, if you were around during her years, she held the record for the most flats fixed by others, mostly by male club members. Good thing we didn't have E-Bay yet: Leah Newell, Secretary, advertised "For sale: One used female gallbladder. One owner." The program committee consisted of charter members Harry Simpson and Louie Spinner, along with Karoline Knezevich. Jerry Boutelle administered the incentive program.

15 Years Ago: Gregory "Jerry" Davis prepared to leave the area and the Club. He was here only a short while, but became one of the most active riders. Left over from September: Dave Ringland racked up some to/from miles by riding to the CCC from his home in Metamora (c. 100 miles), with a predawn light malfunction, flat tire fix by touch in the dark, and a good rain soaking during the 103 mile CCC. All in all, a good ride he thought.

10 Years Ago: At the October SBC meeting, Jim Nugent, Linda Butler, Brad Kerekes, Micci Bly and Garland Stevens presented a slide presentation of the Bicycle Tour of Colorado. Cindy Moreno, who joined SBC in the spring, agreed to be the Program chair.



Annual Halloween Party

By Kevin Brown



The Lucas Brown Haunted Castle has mysteriously (ooooooooowwww.....) moved from Fayette to 8 Bridge Terrace. But the spirits have decreed that the date shall remain the Friday before Halloween, that's October 27th this year. Brave souls can show'n'go through the dark, twisting lanes of Leland Grove, returning---if they can!! mwaahhaahhaaaaa!!!----at 7:00 for tours of The Troll's Grotto. Who knows what may lurk there?



Costumes are strongly encouraged; bring food and/or drink to share. We'll arrange for overflow parking along Outer Park Drive between Cherry and Laurel. Cross over the bridge to discover Halloween fun at the new home of Lady Lola and Kevin the Beerbarian.



October 2006 Ride Schedule

Anyone with questions about rides or interest in leading a ride can contact Kevin Brown at 787-5652 or by e-mail at kjbrown@prodigy.net **Members may count six out of town rides annually and add more through special volunteer activities.** Report Show n Go and out of town ride mileage to Records Chair Karl Kohlrus. For details see Ride Rules at www.spfldcycling.org. Daytime and evening rides are listed in the first two sections and go as indicated except on holidays. Special event, weekend, and holiday rides are listed in the last section.

Be sure to check the start times!

Weekday & Weekend Daytime Rides		
Monday thru Friday 09:00 AM	Morning Geezer Ride Washington Park Shelter Dave Ross, 789-4823	BC – Daily morning rides for retired geezers or those hoping to become geezers. No leaders, no maps. Participating riders should turn miles in to Karl Kohlrus.
Monday thru Friday 10:00 AM	Daily Show & Go Pana Trail-Lake Taylorville parking lot, Rt 29	BC – Show & Go along the Lincoln Heritage Trail M thru F during the day. Turn miles into Karl. .
Monday, Wednesday & Friday noon	IDOT, Lost Bridge Trail Dirksen Parkway Lisa Kidd, 546-1698	BC – Lunch with Lisa ride. Lisa leads the noon trail ride. Skip lunch and ride on the trail with Lisa and other SBC regulars.
Tuesday / Thursday 12:15	Robert Morris College Dave Ross, 793-4239	BC – West Side Lunch Ride . Dave leads a ride on the trails or in the country. If they cannot make it, this becomes a Show & Go. NOTE: Ride goes on Tues & Thurs ONLY.
Sundays 9:00 am	Wabash Trail East end parking lot Park St. & Wabash Ave. Kevin Brown, 787-5652	EZ2 Ride – Meet at the east end of the Wabash trail for a slow, easy 15 – 20 miles on lightly traveled city streets or bike trails. Stop halfway for coffee/snacks or brunch.
Weekday & Weekend Evening Rides		
Mondays 5:30 pm	Parkway Point Theater Lindbergh & Robbins Road Show & Go	C – A Show & Go easy ride to get started and gain conditioning while going slow enough for conversation. 10 – 22 miles.
Monday, Tuesday, Wednesday & Thursday 5:30 PM	Pana Trail-Lake Taylorville Parking Lot Rt 29 Charles Witsman, 562-5208	BCD – Weekly Show & Go on the Lincoln Heritage Trail. Turn in miles to Karl. Call Charlie if you need information about trail conditions or directions.
Tuesdays 5:30 pm	Carmody Residence 517 Appomattox Dr. Show & Go	ABC – West side training ride. Aimed at those who want to train hard and fast. 12 – 25 miles.
Tuesdays 5:30 pm	Schlitt Park Dave Lucas, 753-3831	EZ2 Ride – Begin at Schlitt Park (adjacent to Owen Marsh School.) An 8 – 12 mile neighborhood ride. The group will stop as necessary based on the needs/desires of the riders.
Tuesday & Thursday 5:30pm	IDOT, Lost Bridge Trail Dirksen Parkway Show & Go	BC – Show & Go along the Lost Bridge Trail. Turn miles in to Karl.

Be sure to check the start times!

Wednesdays 5:30 pm	Butler School- 1701 S. MacArthur Blvd Show & Go	D Ride. This is an easy, neighborhood social ride. No maps, everyone will stay together for a ride of about 1 hour. This ride is a Show & Go this month. Turn miles in to Karl.
Thursdays 5:30	Rotary Park Archer Elevator & Iles Show & Go	ABC Training Ride – A fast workout to prepare for longer weekend rides. D riders are invited to stretch their abilities, but may be riding alone unless they bring a buddy. Several cut-outs for 12 – 25 miles.
Saturdays 7:00 pm	Vredenburg Park Show & Go	ABC – Nighthawk Ride . Saturday night show-n-go ride. Usual distance is about 17 miles. This ride is a lot of fun but <u>front & rear lights are required</u> .
Scheduled Rides and Events		
Sunday October 1 9:30 am	Piasa Bird, River Road, Alton Aaron Sheehan, 525-8699	ABC – Aaron's Big 4-0 Birthday Ride! Meet in Alton under the Piasa Bird for 40ish miles to Grafton and back. Sounds like a fun day. Call Aaron for directions to the start point.
Sunday October 1 9:00 am	IDOT, Lost Bridge Trail Dirksen Parkway Show & Go	ABCD & ER – Show N Go for those who do not do Aaron's ride to Grafton. Turn miles in to Karl.
Friday October 6 6/7 pm	Gallina's Pizza 4 th & Monroe, Downtown Show & Go	NC – Smoke-Free pub crawl. Meet at Gallinas then walk downtown, stopping at various pubs for a drink. Back to Gallinas for dinner at 7.
Saturday October 7 9 am	Sherman City Park Cindy Kvamme, 744-8864	ABC – Cindy will take us on a nice 24 – 35 mile ride today.
Sunday October 8 3 pm	245 Circle Drive Roger & Hope Schnelten, 529-0780	BCD – 287th Annual Oktoberfest , ride 27 miles, with shorter options. Bike ride @ 3PM. Beer, soda, burgers, brats at the end of the ride. Side dishes welcome, lawn chair recommended and carpooling suggested. Bonfire @ dusk.
Monday October 9 th 10 am	Rotary Park Archer Elevator & Iles Marty Celnick, 522-4206	ABCD – Columbus Day Ride – Marty will ride to Pleasant Plains or New Berlin, depending upon wind direction.
Wednesday October 11 7 pm	#2301 Sangamon Avenue Ken Anderson, 522-3876	NC – Board Meeting . All SBC members are invited to attend board meetings. Ken hosts this month.
Friday October 13 6/7 pm	Mario's Pizza Piper Glen subdivision, Rt 4	NC – Walk with friends for an hour then dinner at Mario's.
Saturday October 14 9 am	4123 Crocus Linda Butler, 787-5027	ABC – Apple Dumpling Ride . Linda brings back her now annual apple dumpling ride. Ride distance will be 30 – 40 miles towards Salisbury. Then back to Linda's for her famous apple dumplings.
Sunday October 15 10:00 am	Sherman City Park Karl Kohlrus, 544-8410	ABC – Fall Colors & Hills Ride . Plan on a 25 to 50 mile route. Wish Karl a happy birthday!

Be sure to check the start times!

Sunday October 15 4:00 pm	1914 Bayview Court Tom Clark, 494-5524	CD – Spooky Housewarming Ride. Ride for an hour then return for spooky treats at Tom's new digs. W on Greenbriar from Rt. 4, left on Turning Mill, left on Bayview. Park on Turning Mill if needed. Feel free to just show up for treats, anytime 4-7 pm. Costumes? See Oct. 27.
Friday October 20 6 / 7:00 pm	Banana Leaf Town & Country Shopping Cntr MacArthur Ave	NC – Meet in the parking lot for an hour walk, then back to Banana Leaf for dinner.
Saturday October 21 9:00 am	Lake Taylorville Parking Lot Kevin Brown, 787-5652	ABCD – Ride to Pana for a 30 mile round trip on the trail. Those who want fewer miles can turn back early.
Sun October 22 10:00 am	Rochester Station Len Miner, 971-8037	ABC – Len's Cupcake Ride. No, the ride isn't a cupcake and neither is Len. But we'll do 30 – 50 miles and have home-made cupcakes afterwards.
Friday October 27 6/7:00 pm	8 Bridge Terrace Leland Grove Kevin Brown, 787-5652	EZ & NC – Annual Halloween Party at Kevin & Lola's. Costumes encouraged! Walk or bike for an hour (lights required on bikes.) Bring a dish or snack to share. Boo!
Saturday October 28 10 am	Jim Edgar Panther Creek Highway 125 past Ashland Ernie DeFrates, 544-1398	ABC & MB – Panther Creek State Park ride. Bring your road bike, mountain bike or both. 25, 42 and 67 mile road routes or a 17 mile mountain bike route are just some of the options to choose from at the park. Meet at the mountain bike trailhead near the site office.
Sunday October 29 9 am	Chuck & Gerri Orwig, 793-3782 3019 Cameron	ABCD & NC – The Daylight is Gone Ride. Gerry and Chuck are hosting the annual end of daylight savings time ride. Plan on a route of 40 miles with shorter options. Pot luck afterwards – bring a dish to share. If the weather is bad come to eat around noon.

RIDE TYPES

A - 18+mph average speed

B - 15 to 18 mph average

C - 12 to 15 mph average

D - 8 to 12 mph average

ER - under 8 mph average*

NC - Non-cycling event

MB - Rides suitable for mountain and all-terrain bikes

Show-N-Go - No ride leader is scheduled. Ride on your own and turn in miles to the Club's Record Keeper.

ER rides are slow paced social group rides without maps. Usually neighborhood tours.



Springfield Bicycle Club
Box 2203
Springfield, IL 62703

August 10, 2006

RESOLUTION OF THANKS TO SENATOR RICHARD DURBIN

The Springfield Bicycle Club wishes to express its appreciation for the efforts of Senator Richard Durbin in maintaining the integrity of the Interurban Trail. Without his support, the proposed MacArthur Blvd. extension would have severed the Interurban Trail. The trail would have required a crossing of a major road with high speed traffic that would have been hazardous to all trail users.

Senator Durbin's staff arranged a meeting of the Governor's staff and the Illinois Department of Transportation engineers to meet with trail users concerned for the safety of trail that resulted in an improved design.

Moreover, Senator Durbin secured funding for the additional items for the safety of trail users for an underpass at MacArthur Blvd. and a bridge over the railroad crossing.

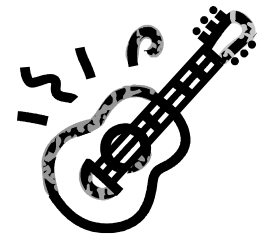
Adopted by the Board of Directors, August 9, 2006.

*Roger and Hope Schnelten Invite You
To the 28th Annual Oktoberfest*

*Sunday, October 8th
245 Circle Drive, Springfield
217-529-0780*



- Brats, burgers, beer, soda and hot drinks provided
- 28 mile bike ride (with shorter options) begins at 3pm (ride 15 miles or more and get a chance to win a prize!)
- Grills fired up at 3 – food should be ready by 5
- Side dishes welcome
- Lawn chairs and car pooling suggested
- Music by Antone and Wick at 4:30pm
- Bonfire at dusk



Please join us!



Springfield Bicycle Club Mileage and Activity File As of August 31, 2006

NAME	RIDE	T/F	TO-TAL	RIDE S	LED	RIDE	T/F	TO-TAL	RIDE S	LED	LENGT H
Katie Wiedner	274	124	398	10		1282	445	1727	51	0	33.9
Jon Edwards	234	40	274	7	1	1433	247	1680	43	1	39.1
Ernie DeFrates	358	0	358	14	1	1661	15	1676	66	4	25.4
Brock Webb	430	20	450	8		1521	133	1654	33	0	50.1
Linda Butler	441	19	460	14	1	1458	58	1516	53	3	28.6
Marilyn Powell	206	15	221	6		1415	68	1483	63	4	23.5
Dan Mitchell	301	10	311	7		1347	40	1387	29	0	47.8
Bob Carmody	286	7	293	11	3	1325	38	1363	52	16	26.2
Roger Wright	368	244	612	14		672	664	1336	28	0	47.7
Dave Lucas	263	66	329	19	3	991	326	1317	105	29	12.5
Sr Josepha Schaeffer	78	0	78	2		1155	46	1201	40	0	30.0
Rich Saal	155	45	200	6		879	298	1177	34	0	34.6
Mary Lou Hicks	159	33	192	9		988	158	1146	43	0	26.7
Lynn Rhoades	194	77	271	7		866	264	1130	31	0	36.5
Byron Nesbitt	556	17	573	16		1064	49	1113	34	0	32.7
Mark Smith	147	64	211	9		866	242	1108	45	1	24.6
Kathy Shepard	133	64	197	8		811	251	1062	43	0	24.7
Micci Bly	238	11	249	5		1028	31	1059	22	0	48.1
Bruce Yurdin	140	24	164	5		900	115	1015	28	0	36.3
Karen Bretenbach	46	0	46	2		885	95	980	29	0	33.8
Tracey Hurley	499	28	527	19		884	70	954	33	0	28.9
Cindy Moreno	30	0	30	1		899	13	912	41	1	22.2
Mark Rolens	149	10	159	5		813	16	829	32	0	25.9
Aaron Shehan	83	7	90	2		719	55	774	21	0	36.9
Don Daniels	22	0	22	1		741	30	771	21	2	36.7
John Day	22	0	22	1		741	30	771	21	2	36.7
Libby Pyle	309	30	339	8		691	68	759	18	0	42.2
Bob Dettling	255	0	255	14		726	31	757	47	0	16.1
Connie Roberts	126	0	126	5		635	35	670	23	0	29.1
Brigetta Ewing	82	10	92	5		534	102	636	36	0	17.7
Mike Schwab	17	19	36	2		526	88	614	45	1	13.6

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NAME	RIDE	T/F	TO-TAL	RIDE S	LED	RIDE	T/F	TO-TAL	RIDE S	LED	LENGT H
Kent Kraft	95	8	103	4		533	69	602	17	0	35.4
Mark Summer	600	0	600	16		600	0	600	16	0	37.5
Sue Dees	61	14	75	5		543	52	595	34	0	17.5
Ed Taylor	48	0	48	2		539	23	562	22	0	25.5
Jan Cimerosa	45	0	45	2		487	38	525	21	0	25.0
Harriet Josephson	113	4	117	6		478	42	520	35	3	14.9
Jackie Galli	131	0	131	3		466	3	469	13	0	36.1
Cyd LaBonte	138	0	138	10		450	18	468	29	0	16.1
Lyn Schollett	54	0	54	3		405	21	426	23	0	18.5
Garland Stevens	85	0	85	4		396	26	422	24	0	17.6
Hope Schnelten	32	0	32	2		381	31	412	19	0	21.7
Alan Whitaker	188	21	209	10		349	56	405	23	0	17.6
Matt Saner	100	5	105	5		348	29	377	17	11	22.2
Randy Germerand	105	10	115	3		317	55	372	8	0	46.5
Christa Morris	14	0	14	1		325	40	365	18	0	20.3
Kerry Wright	155	9	164	6		313	21	334	13	0	25.7
Gerry Orwig	27	7	34	2	2	207	125	332	20	6	16.6
Christine Kohlrus	79	59	138	4		166	165	331	11	0	30.1
Jason Beeler	38	13	51	1		263	29	292	8	0	36.5
Brian Esker	40	40	80	2		120	158	278	6	0	46.3
Janice Perino	54	9	63	3		154	123	277	10	0	27.7
Curt Winhold	60	0	60	1		249	25	274	6	0	45.7
Tammy Pastor	40	40	80	2		140	130	270	7	0	38.6
Scott Cheffy	40	20	60	2		180	90	270	9	0	30.0
Regina McGuire	81	0	81	5	1	265	3	268	17	1	15.8
Kevin Greene	145	6	151	9		234	11	245	15	0	16.3
Naomi Greene	127	0	127	8		216	19	235	14	0	16.8
Pete Harjes	74	0	74	2		178	55	233	7	0	33.3
Jon Halterman	40	17	57	2		144	53	197	5	0	39.4
P.J. McCredie	110	0	110	4		171	0	171	6	0	28.5
Alfred Arkley	58	0	58	1		162	0	162	3	0	54.0

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NAME	RIDE	T/F	TO-TAL	RIDE S	LED	RIDE	T/F	TO-TAL	RIDE S	LED	LENGT H
Steve Smith	14	4	18	1		123	18	141	9	0	15.7
Dan Payne	126	10	136	4		126	10	136	4	0	34.0
David Banks	42	0	42	1		130	0	130	3	0	43.3
JoAnn Abrams	12	0	12	1		108	5	113	8	0	14.1
Jim Lund	80	26	106	4		80	26	106	4	0	26.5
Jake McCulley	20	0	20	1		93	5	98	4	0	24.5
Mike Eymann	93	0	93	6		93	0	93	6	0	15.5
Pat Hughes	27	2	29	2		77	5	82	5	0	16.4
Louie Spinner	24	4	28	1		44	29	73	2	0	36.5
Jim Hajek	33	14	47	2		51	21	72	3	0	24.0
Craig Kniffin	10	0	10	1		64	5	69	6	0	11.5
Brian Monahan	20	28	48	1		20	28	48	1	0	48.0
Cris Martin	45	0	45	1		45	0	45	1	0	45.0
Rachel Doctors	10	0	10	1		40	5	45	4	0	11.3
Anna King	22	8	30	1		29	11	40	2	0	20.0
Bill Donels	10	0	10	1		37	1	38	2	0	19.0
Warran Lutz	8	0	8	1		28	0	28	3	0	9.3
Lynn Bale	20	7	27	1		20	7	27	1	0	27.0
Beth Summer	26	0	26	1		26	0	26	1	0	26.0
Julie Perino	22	0	22	1		22	0	22	1	0	22.0
Jenny VanPreter	16	6	22	1		16	6	22	1	0	22.0
Mike VanPreter	16	6	22	1		16	6	22	1	0	22.0
Erin Saal	14	7	21	1		14	7	21	1	0	21.0
Sandy Anderson	18	0	18	1		18	0	18	1	0	18.0
Randy Dempsey	18	0	18	1		18	0	18	1	0	18.0
Ellen Schleickau	10	0	10	1		10	0	10	1	0	10.0
Jacob Huls	9	0	9	1		9	0	9	1	0	9.0
Kathy Lutz	8	0	8	1		8	0	8	1	0	8.0
TOTALS	24638	3823	28461	886	21	12209	2133	14342	4719	206	30.4

Excerpts from the 2006 Election Guide

League of American Bicyclists

I Bike. I Vote.

From a national perspective, this year's mid-term elections provide the bicycling community with a great opportunity to continue to build credibility and foster a better understanding of issues important to bicycling. Your participation, and your bike club or advocacy organization's careful involvement in election campaigns, affords the chance to educate candidates on bicycling issues, get more involved in your community, and ultimately build a more bicycle-friendly America.

Issues for the 110th Congress

Bicycle Commuters Benefits Act

The Bicycle Commuters Benefits Act [link*] would extend the transportation fringe benefit, currently available to transit users and car drivers, to bicycle commuters.

Conserve by Bike Program Funding

The 2005 Energy Policy Act [link] signed into law by President Bush authorizes a \$6.2 million for the Conserve by Bike program to study the energy impact of shifting car trips to bicycle trips in up to ten communities. We need to see funds appropriated for this program.

Energize Congressional Bike Caucus

The Congressional Bike Caucus [link] is bipartisan and provides a venue in which members can enjoy bicycling as a recreational activity and discuss issues affecting bicycling.

How to Get Involved

How can you get involved? Good question. This list is by no means all-inclusive, but here a few ways you, as an individual cyclist, can participate in campaign activities.

REGISTER TO VOTE!!!

Find out who the pro-bicycling candidates are

Volunteer for a candidate

Volunteer to register voters

Invite the candidates on a ride

Write letters to the editor about why cycling is important

VOTE!!!

* Links cited are available at:

<http://www.bikeleague.org/programs/bikeadvocacy/election.php>

Thank You Capital City Century Volunteers

We have just completed the 2006 Capital City Century and by all accounts it was a great success. We had 616 riders come out on a day that was forecast for scattered thunderstorms; instead we had beautiful weather with mild temperatures and lots of sunshine. The comments from the participants were very positive. They liked the fast registration, route, map, route markings, shirts, decals, and especially the food. The cookies, muffins, fish and brats got rave reviews. There were lots of smiling faces! I think the thing that really makes our century outstanding is the volunteers and their dedication to putting on a first rate event. I am very proud of our event this year. When Marilyn Powell posted the CCC information on the website this year as the "Best in the Mid-West", she had it right. The following is a list of the volunteers who had an important role in the success we all share this year.

The "*" indicates chairpersons or co-chairs.

Brochure Design: Terri Nelson

Route/Maps: Chuck Orwig*, Roger McCredie, Pete Gudmundson, Karl Kohlrus

Signs: Alan Josephson*, Lance Kidd

T-shirts: Linda Butler*, Shelley LaMantia

Registration: Kevin Brown*, Dave Ross*, Mary Lou Hicks, Debbie Ihnen, Gerry Orwig, Cyd LaBonte, Brenda Michel

Sag Vehicles: Roger McCredie*, Pete Gudmundson, Marty Morris, Bob Sorenson, Byron Nesbitt, Tom Clark, David McDivitt, Dan Mitchell, Aaron Shehan

Route Markers: Chuck Orwig*, Ernie DeFratis, Cindy Moreno, Phil Arnold, Pete Gudmundson, Dave Lucas, Roger McCredie, Bob Sorenson, Dave Ross

Historic Ride: Chuck Orwig*

Food: Sue Hack*, Lynn Miller*

Food Drop Off: Andrea Butler

Cookie Callers: Sue Hack*, Christine Kohlrus, Kathy Shepard, Harriet Josephson, Francie King, Sharon Stanley, Linda Butler, Regina McGuire, Gerry Orwig, Libby Pyle

Covered Bridge: Ken Anderson*, Judy Nesbitt, Lynn Rhoades

(continued on p. 17)

(continued from p. 16)

Auburn: Dara Voss*, Deb Cooper, Cindy Moreno, Cindy Kvamme, Bill Voss, Francie King, Christa Morris, Mark Smith, Kathy Shepard, Anita McDivitt, Beth Summer, Diana Taylor, Stan Gralnick, Alan Josephson

Beach House: Kedra Elston*, Harriet Josephson*, Cindy Moreno, Cindy Kvamme, Christine Kohlrus, Lynn Rhoades, Lyn Schollett, Cindy Tubbs, Curt Winhold, Kathleen Winhold, Brea Elston, Regina McGuire, Jack Elston, Daniel Ewing, Lenny Miner, Mike Royer, Scott Mahan, Lanny Pratt, Dave Lucas

Bakers: Seventy-five households contributed cookies and muffins

Thanks everyone for a job well done! Cathy Yeaman, Special Events Coordinator

Treasurer's Report

September 4, 2006
Dave Lucas

Beginning Balance.....	\$14,451.41
Income-----	
New members/renewals.....	\$825.00
Name badge sales (3).....	\$30.00
CCC registrations	\$2,145.00
Jersey sales	\$510.75
Total income	\$3,510.75
Expenses-----	
Illini Reproduction, 351 Sept. newsletters, printing/mailing/delivery	\$369.46
Portable Sanitation Systems (LBT porta-potty, 7/7 – 8/3/06)	\$52.10
Spinner Plastics, 2 name badges.....	\$18.16
McKay Ins. Co, annual renewal	\$864.90
Voler Inc., advance payment on new jersey order	\$1,813.19
CWLP, Beach House rental, CCC '06	\$100.00
Ken Anderson, postal fees	\$18.18
Dave Lucas, CCC '06 supplies.....	\$12.57
Total expenses	\$3,248.56

Springfield Bicycle Club
Membership Application

Member

Member Information

New Member Renewing Member Change Address

Name _____ Home Phone _____

Address _____ Work Phone _____

City _____ Birth Date _____

State _____ Zip _____ Email Address _____

I obtained my application from: _____ I would like to help with SBC activities

Bike Shop Name _____ Yes

A current Club member No

Type of Membership

Individual \$15/yr Family \$20/yr Contributing \$25/yr

Sustaining \$50/yr Patron \$100/yr Corporate \$100/yr

Dollars beyond basic \$15 or \$20 rate from Contributing, Sustaining, and Patron memberships go to your choice:

Bicycle Advocacy Fund

SBC General Fund

My Advocacy Donation Amount is: _____

Family Member Information

The SBC presents yearly awards for the most "club miles" in various age groups. We need birth dates to determine these presentations. Your participation is optional, of course.

Name 1 _____ Birth Date _____

Name 2 _____ Birth Date _____

Name 3 _____ Birth Date _____

Name 4 _____ Birth Date _____

Legal Waiver

I (and my parent or guardian in case of a person under 18 years of age) hereby release the Springfield Bicycle Club and any other party or parties involved in any Springfield Bicycle Club activity of any liability whatsoever for any loss or damage to property or for personal injury sustained or occurring on any Springfield Bicycle Club event.

Signature _____

Date _____

Parent / Guardian _____

Date _____

Official SBC Name Badges

Hang it on your seat bag. These are a pretty neat way to let other riders know your name. Include **\$10.00 dollars** extra and print your name (clearly) on the following line as you would like it to appear on your name badge:

Badge Name: _____

Mail with Check to:
Springfield Bicycle Club
Post Office Box 2203
Springfield, IL 62705



SPRINGFIELD BICYCLE CLUB 2006 MILEAGE SUMMARY



MONTHLY								
MONTH	RIDE MILES	T/F MILES	TOTAL MILES	#RIDES	#RIDERS	LED	#RIDERS	AVG
							PER RIDE	RIDE LENGTH
January	6,589	1,385	7,974	40	297	9	7.4	26.85
February	4,102	675	4,777	36	195	9	5.4	24.50
March	7,013	1,277	8,290	42	298	9	7.1	24.82
April	14,782	2,777	17,559	67	623	44	8.3	28.18
May	19,810	3,582	23,392	76	820	40	10.8	28.53
June	19,241	3,614	22,855	75	764	43	10.2	29.91
July	25,437	4,269	29,706	61	826	29	13.5	35.96
August	24,741	3,838	28,579	67	888	31	13.3	32.18

CUMULATIVE								
MONTH	RIDE MILES	T/F MILES	TOTAL MILES	#RIDES	#RIDERS	LED	#RIDERS	AVG
							PER RIDE	RIDE LENGTH
January	6,589	1,385	7,974	40	297	9	7.4	26.85
February	10,691	2,060	12,751	76	492	18	6.5	25.92
March	17,704	3,387	21,041	118	790	27	6.7	26.63
April	32,486	6,114	38,600	185	1,413	71	7.6	27.32
May	52,296	9,696	61,992	261	2,233	111	8.6	27.76
June	71,537	13,310	84,847	336	2,997	154	8.9	28.31
July	96,974	17,579	114,553	397	3,823	183	9.6	29.96
August	121,715	21,417	143,132	464	4,711	214	10.2	30.38



Springfield Bicycle Club
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October, 2006

Please note: Be sure to check the renewal date on your address label. If the date is **HIGHLIGHTED**, please fill out and return the renewal form along with your check. This will help to keep your membership information current and up to date. **You will get only one newsletter after your renewal date.**

Officers

President

Dave Ross
789-4823
rossesse@sbcglobal.net

Vice President

Kevin Brown
787-5652
KJBrown@prodigy.net

Board Secretary

Ken Anderson
522-3876
K.anderson2@insightbb.com.

Recording Secretary

Connie Roberts
787-7410
cmroberts18@insightbb.com

Treasurer

Dave Lucas
753-3831
DWLucas62704@aol.com

Special Events

Cathy Yeaman
483-4912
cycycle@msn.com

Social Chair

Aaron Shehan
525-8699
aaronsheshan@hotmail.com

Legislative/ Educational Chair

Lynn Miller
lynnmiller@insightbb.com
787-3354

Incentive Chair

Sue Hack
546-4514
shack2@earthlink.net

Records

Karl Kohlrus
544-8410
kkohlrus@insightbb.com

Quick Release Editor

Marty Celnick
522-4206
celnickmg@cs.com
**QR Deadline 15th of the
Month**

Web Master

Marilyn Powell
newwc1@aol.com

At Large Members

Bill Donels
546-8036
sbdonels@insightbb.com

QUICK RELEASE ADVERTISEMENT RATES

Half Page \$20 Full Page \$40

Payment in advance is required for all business ads. Ad copy should be sent to the newsletter editor no later than the 12th of the month in order for the ad to appear in the following month's newsletter. Individual club members (excluding businesses) may list bicycling related items for sale without charge.