



# the Quick Release

www.spfldcycling.org

March 2012

## Ride of the Month

Mark Rabin's Hot Chocolate Ride was voted this month's Ride of the Month. Great weather drew over 20 cyclists. After pedaling for 25 miles, the riders returned to Mark's home where they warmed up with hot chocolate, wine, cookies, brownies and plenty of good conversation. Thanks Mark.

## Almost Anything Award

The Almost Anything Award goes to Jim Hajek for his hard work organizing and hosting the monthly social events. Jim scopes out locations, reserves the space, orders the food and sets up. At one event, he also picked up hot and cold food trays, carried them to his car, unloaded them at the bar and set up all the food. He's even been known to throw in a few jokes when serving as emcee. The events have been a lot of fun and enhance opportunities for members to socialize, with the Annual Winter Party at Maldaner's drawing over 100 people. Kudos also goes to Jim's wife Gladys who helped at the registration table for the Winter Party and several of the other events.

## Monthly Ride Leader Incentive Drawing

Marty Celnick won this month's Rider Leader Incentive Drawing. Marty will receive a \$50 gift certificate to a local bike shop of his choice.



## SPECIAL EVENTS

The SBC will be hosting the final socializer of the season on April 11 (2nd Wednesday) at The Dublin Pub located at The Vinegar Hill Mall.

Usual time of 5-7 p.m.  
address: 107 West Cook Street

There will be a free Nacho Bar as well as live music (piano bar) I plan to supplement the Nacho Bar with additional appetizers.

Don't forget our March 15 (Thursday) socializer at Boone's Saloon being held in conjunction with The Springfield Ski Club.

Jim Hajek

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## **President's Column**

*by Tom Clark, President*



Daylight savings time resumes March 11! Until then, lights are required for our weeknight rides. They are still recommended in case your evening ride stretches into the sunset hours.

As the weather warms, more of us are out riding on the road or trails. As I noted last month, we now **offer online membership and renewal**. If your friends or relatives are beginning to ride this season, and thinking about joining the club, please tell them about the online option.



To join or renew your membership online, go to

**[www.spfldcycling.org/membership.htm](http://www.spfldcycling.org/membership.htm)**

and click on the **Active.com** link.

Welcome to Alan Josephson, who has agreed to serve as VP-Rides for the remainder of the Board year. In March, we resume our leader-led weekend and holiday club rides. We will still offer Show-N-Gos when necessary. The weekend and holiday A-Rides will also continue, with a start time of 9:00 a.m. The A-Rides are for extremely strong and competitive riders, while the club rides are a bit more laid back. See the Ride Schedule for details.

**Joint socializer with Ski Club on Thursday, March 15.** We'll hold our March socializer at Boone's Saloon from 5-7 p.m., in conjunction with Springfield Ski Club. This first-ever joint SBC-SSC spring should complement our collaborative Octoberfest event, which is held every fall.

**Biking Academy begins in March.** Naomi Greene is organizing a Biking Academy once again for 2012. This event series was a big hit when it was last offered in 2010. Participants must be at least 18 and have a bike that's ready to ride. There is a fee for participation. See the Biking Academy article in the January QR for details. An orientation meeting was held in February. At press time, the remaining dates and times had not been finalized.

**Bike Kitchen is underway.** SBC member Robert LaBonte will be providing updates for the QR on the Bike Kitchen community project he has begun with Fletcher Farrar and others. See future QRs for details. SBC provided a seed grant to help the Bike Kitchen get started. The Bike Kitchen is a separately operated nonprofit community program that SBC supports.

**Cycling Challenge returns next month!** Derek and Brigetta Ewing plan will once again offer a SBC Great Cycling Challenge event series in 2012. The first Challenge event will be held next month, on April 29. The final Challenge is the Capital City Century on Sept. 9

## 32 Recognized for Cycling Achievements

*by Kevin Greene*

SBC recognized 32 members as part of its annual awards program held at the Winter Party on January 27. Grover Everett earned the Platinum "Spinner" Award for accumulating 16,657 miles in 2011. He received a colorful beach bike clock for being the top mileage rider of any club member during the past year. Grover was followed by Don Daniels who logged in 8,702 miles. As the Gold "Spinner" Award winner, Don received a handmade picture frame with bicycle graphics.

Receiving Silver "Spinner" awards were Derek Ewing, 7,025 miles; Marty Celnick, 5,795 miles; and Tom Clark, 5,052 miles. Each received a crystal paperweight with a 3-dimensional cyclist.

Eight members received Bronze "Spinner" awards, including Lynn Miller, 4,020 miles; Earl Burton, 3,819 miles; Don Harvey, 3,583 miles; Charles Witsman, 3,303 miles; Mark Rabin, 2,840 miles; David McDivitt, 2,820 miles; Karl Kohlrus, 2,542 miles; and David Ross, 2,510 miles. Each received a bike chain circular picture frame.

Receiving pins for miles over 1,000 were Alan Whitaker, 2,359 miles; Alan Josephson, 2,217 miles; Bill Bock, 2,139 miles; Robert LaBonte, 2,094; Cindy Kvamme, 1,839; Tracey Hurley, 1,824 miles; Carol Bock, 1,716 miles; Curt Evoy, 1,633 miles; Stephen Paca, 1,528 miles; Harv Koplo, 1,473 miles; Pat Stephens, 1,407 miles; Ruth Magos, 1,316 miles; Cindy Tubbs, 1,218 miles; Michael Higgins, 1,184 miles; Sidney Marder, 1,134 miles; Kevin Greene, 1,096 miles; Chris King, 1,084 miles; Art Meyer, 1,047 miles; and Lyn Schollett, 1,019 miles.

The annual mileage awards are set up for surpassing club-set goals in the following categories:

🚲 10,000 miles + (Spinner Platinum)

🚲 7,500 - 9,999 (Spinner Gold)

🚲 5,000 - 7,499 (Spinner Silver)

🚲 2,500 – 4,999 (Spinner Bronze)

All riders reaching 1,000 miles or more receive a pin with the year and their total miles listed.



### **Bicycle for Sale:**

- 2004 Salsa 'moto rapido' scandium/carbon hardtail mountain bike
- Medium size.
- Rock shox 'reba' 80 mm fork, dual air adjustable with lockout.
- Scandium frame with carbon seat stays, light stiff responsive frame.
- Shimano 'xt' 3x10 group, avid juicy 5 brakes - 185 front/160 rear.
- Mavic crossmax st rims, ust (tubeless compatible) with good panaracer/wtb tires.
- Black with red/green/yellow trim.
- No dents/dings/gouges but has light cable rub/scratches/scrapes from normal use (no scratches on carbon seat stays).
- Nice bike with good equipment \$700 or offer.

If interested, contact David R. Banks, cell 691-2917

## March 2012 Ride Schedule

For updates, corrections and last minute changes to the ride schedule please check the SBC website at [www.spfldcycling.org](http://www.spfldcycling.org). Unless otherwise indicated, daytime rides will not take place on holidays. All rides return to the starting point unless otherwise noted.

RIDE CLASSIFICATIONS	
Code	Definition
NC	<b>Non-Cycling events.</b>
MB	<b>Rides suitable for mountain bikes.</b>
EZ	<b>For riders who prefer a pace under 10 mph.</b> These are purely social rides. Expect short routes either in town or on a trail and expect to ride as a single group. No one will be left alone at the back of the group and assistance is provided for flats and other minor mechanical problems.
D	<b>For novice or recreational riders.</b> Expect to ride at a pace of 10 – 12 mph with rest stops as needed. Expect the ride leaders or another club member to stay with the slowest rider and to offer assistance for flats and other minor mechanical problems.
C	<b>For competent riders with basic safety and bike handling skills.</b> These rides combine social riding with improving fitness and riding ability. Expect that most riders will ride in groups at a pace of about 12-15 mph. There may be rest stops on the route, but they will be limited. Riders are comfortable navigating by map if separated from the group and can handle their own mechanical repairs.
B	<b>For strong, experience riders with considerable group riding experience.</b> Expect the emphasis to be on improving individual stamina and riding skills. Most riders will maintain a pace of 16 – 18 mph and will not feel obligated to wait for slower riders. Pace lines are common. Riders are able to handle their own mechanical repairs and are comfortable navigating by map if separated from the group.
A	<b>For extremely strong and competitive riders with expert biking handling skills.</b> Expect riders to be self-sufficient and to maintain speeds of 19+ mph for extended distances using pace lines.

If you have questions about whether a specific ride is right for you, give the ride leader a call. If you are unsure about your cycling ability, try a ride with a group one class below where you think you might be. You can then move up until you find the level that is right for you.

Please arrive for rides 10 minutes early. Be sure that your bike is in proper working order before you arrive. All riders are strongly encouraged to obey traffic laws, wear a helmet, carry everything necessary to fix a flat tire, and bring hydration. If the ride leader fails to appear, form a group and go on a ride if you like. Then turn in your miles to the club record keeper ([records@spfldcycling.org](mailto:records@spfldcycling.org)).

Questions about leading a ride? Contact [vp@spfldcycling.org](mailto:vp@spfldcycling.org) .

**Weekday Daytime Rides*****Check start times!***

Monday thru Friday 10:00 a.m.	Morning Geezer Ride Washington Park Shelter Pete Gudmundson, 523-8200	Show-N-Go ride for retired geezers or those hoping to become geezers. No leader or map, but Pete shows up often enough for this ride that he should be able to answer questions. Please use ride sheet if riding together. Participating riders should turn in miles to the club records keeper.
Tuesday 9:00 a.m.	Panera Bread Wabash Ave. & White Oaks Dr. Robert LaBonte, 787-0237	BC – Try a change of pace from the Geezer ride.
Monday thru Friday 10:00 a.m.	Daily Pana Trail Ride Lake Taylorville parking lot Rt. 29 Pat Stephens, 287-7056	Show-N-Go along the Lincoln Heritage Trail. Turn in miles to the records keeper. There is no ride leader, but Pat may be able to answer questions about this ride.
Monday thru Friday 12:20 p.m.	Vredenburg Park Saxon Dr. & Crusaders Rd. Tom Clark, 726-5560 Dave Ross 789-4823	BC — Westside Lunch Ride. Dave or Tom will hit the trails or go out in the country.

**Weekday Evening Rides*****Check start times!***

Mondays starting March 12 5:00 p.m.	Parkway Pointe Theatre Lindbergh & Robbins Rd Show-N-Go	BCD — Show-N-Go along the Wabash and Interurban Trails. Lights required until time change & recommended after time change. Turn miles in to the club records keeper.
Tuesdays starting March 13 5:30	Sangamon Valley Trailhead Bunker Hill Road Robert LaBonte 787-0237	BCD Trail Ride of 12 miles with longer option as the weather gets warmer.
Thursday Starting March 15 5:30 p.m.	IDOT Dirksen Pkwy & Ash St. Cindy Kvamme 744-8864	BCD — Ride the Lost Bridge Trail. Lights required until time change & recommended after time change.
Monday, Tuesday, Wednesday and Thursday 6:00 p.m	Pana Trail Lake Taylorville Parking Lot Rt. 29 Show-N-Go Charles Witsman, 562-5208	Show-N-Go, Ride on the Lincoln Heritage Trail. Lights required until time change & recommended after time change. Turn in miles to the club records keeper. Call Charlie if you need information about trail conditions or directions.

**Weekend Daytime Rides**

Saturdays 10:00 a.m.	Vredenburg Park Saxon Dr. & Crusaders Rd Lisa Kidd, 546-1698	Weekend A-Ride. This ride is intended for extremely strong and competitive riders with expert bike handling skills. Expect riders to be self-sufficient and to maintain speeds of 19+ mph for extended distances using pace lines. Riders will agree on a destination and determine a route at the time of the ride. Developmental A-riders are welcome, but they should be self-sufficient and familiar with local roads, or accompanied by an experienced rider. <b>Disclaimer:</b> Schedule sometimes changes in spring due to weather. Please call ahead.
Sundays 10:00 a.m.	Vredenburg Park Saxon Dr. & Crusaders Rd Lisa Kidd, 546-1698	Weekend A-Ride. See Saturday Weekend A-Ride description. <b>Disclaimer:</b> Schedule sometimes changes in spring due to weather. Please call ahead.

<b>Scheduled Rides and Events</b>		<i>Check start times!</i>
Saturday March 3 11:00 a.m.	Vredenburg Park Saxon at Crusader's Dr SNG	Ride the hills with Tracey and anticipate the 'greening' of Spring.
Wednesday March 7 7:00 p.m.	Residence 2301 Sangamon Ave. Ken Anderson, 522-3876	NC — <b>Board Meeting</b> . All SBC members are invited to attend the board meetings.
Saturday March 10 11:00 a.m.	Vredenburg Park Saxon Dr & Crusader's Rd	BCD—Show-N-Go along the trails. Turn miles in to the club records keeper.
Sunday March 11 11:00 a.m.	Sangamon Valley Trailhead Bunker Hill Rd Robert LaBonte 787-0237	BCD – <b>Daylight Savings Time Ride</b> . Robert will take us 25-40 miles as we celebrate getting out of bed earlier.
Thursday March 15 5:00 p.m. – 7:00 p.m.	Boone's Saloon 301 W. Edwards Jim Hajek, 698-7626	NC – <b>Ski Club/SBC Socializer</b> . Join us for our March SBC Socializer at Boone's Saloon. This will be a shared event with the Ski Club, held on their usual date (3rd Thursdays; our regular date will remain 2nd Wednesdays). Free appetizers. Greeter table near the door. Members and potential members are welcome to participate.
Saturday March 17 11:00 a.m.	Stuart Park Lynn Miller 787-3354	BCD – Is it Spring yet Ride? 25+ miles. Salisbury, wind cooperating, or we'll do the Sangamon Valley Trail. (Lynn learned from the "No, not Salisbury" rebellion.) Ride to Stuart Park for extra miles. Is Morning Star open?
Sunday March 18 11:00 a.m.	Sonic Drive In Wabash & Park St Harv Koplo 899-9175	Harv will take us 30-40, with Sonic treats following? Or if the weather is impossible, we can grumble and eat.
Saturday March 24 11:00 a.m.	Vredenburg Park Saxon Dr & Crusader's Rd Marty Celnick 522-4206	Marty will challenge us for 30-40 miles.
Sunday March 25 11:00 a.m.	Rochester Station Alan Josephson 793-0590	Alan is back and will lead us 25-40 miles while updating us on his rides in Florida.
Saturday March 31 11:00 a.m.	Vredenburg Park Saxon Dr & Crusader's Rd Lisa Casson 891-3821	This is a 'Will the weather cooperate Ride?' Lisa's first ride was 'chilled' out, so she's crossing her fingers on 25-40 miles.



## **SBC's CYCLING CHALLENGE**

- **3 RIDE CATEGORIES TO CHOOSE:** Century, Half-Century, Quarter Century
- **DATES:** April 29, May 20, July 22, August 26, September 9
- **FIRST 4 EVENTS** are "FREE" and self-supported, the 5th event is the Capital City Century on September 9, 2012

**More information at [www.spfldcycling.org](http://www.spfldcycling.org)**

## Other Area Rides

Springfield area bike shops sponsor or host a number of rides and events each year. When we receive requests to help publicize these activities, we'll post them in this new section of the QR. NOTE: *Bike shop ride miles count for club miles, as they are organized rides. However, miles ridden to and from bike shop rides do not count toward club ride mileage totals.*

### **Bike Shop Activities**

Tuesdays starting March 13 5:30 p.m.	BikeTek parking lot 957 Clock Tower Dr Steve Schien, 741-8388	<b>Salisbury Hills Ride.</b> This is a non-affiliated road ride for A-level and B-level riders. A and B group leaders assist developmental riders. The route is challenging and hilly. Each group re-forms periodically. Ask to be put on the email group to learn of date and time changes.
Wednesdays starting March 14 5:30 p.m.	Wheelfast 17 Cottonwood Dr Chatham Matt Saner, 483-7807	<b>Note new location.</b> This is a non-affiliated ride. Call Matt for details.
Every other Wednesday starting March 14 5:30 p.m.	New City Church parking lot 957 Clock Tower Dr Steve Schien, 741-8388	<b>New City Time Trials.</b> This is a non-affiliated, 11.85 mile time trial on Pawnee New City Road. Most riders are seeking to improve their cycling ability and personal time trial speed. All are welcome to participate. Bring a dollar for the timer. Ask to be put on the email group to learn of date and time changes.
Thursdays starting March 15 5:30 p.m.	Scheels 3801 S. MacArthur Blvd Michael Ritzer, 787-2907	<b>Trail and Road Ride.</b> A chance for fellow bike enthusiasts to get together and share their passion. This ride is intended for all levels of riders. Some riders stay on the trails for x-x miles while others add a road ride for x-x miles. A designated leader stays at the back of each riding group.
Thursdays starting March 15 5:30 p.m.	BikeTek parking lot 957 Clock Tower Dr Steve Schien, 741-8388	<b>Salisbury Hills Ride.</b> This is a non-affiliated road ride for A-level and B-level riders. A and B group leaders assist developmental riders. The route is challenging and hilly. Each group re-forms periodically. Ask to be put on the email group to learn of date and time changes.

### **WANTED:**

Tools, bike repair stands, large vise, work-benches, wheel truing stand, large drill press, unwanted bikes and parts, etc. for the new Bike Kitchen workshop. Call Robert at 836-8387 for pick up, or e-mail [velolabonte@comcast.net](mailto:velolabonte@comcast.net)

Any questions...please call!

Thanks: Robert

### **Bicycle for Sale:**

- 2004 Salsa 'Campeon' scandium/carbon road bike
- 56cm (medium)
- Scandium frame, carbon seat stays and fork with carbon easton handlebars.
- Campagnolo carbon record/chorus 2x10 group.
- mavic kysrium sl wheelset with fresh endura Ceramic bearings (nice wheelset).
- Black/blue/silver.
- Near perfect condition.
- Nice bike with great equipment \$800 or offer.

If interested, contact David R. Banks, cell 691-2917

## **Board Meeting Notes - February 1, 2012**

*by Stephen Paca, Recording Secretary*

**Present.** Tom Clark, Ken Anderson, Stephen Paca, Dave Lucas, Jim Hajek, Kevin Greene, Bill Donels, Lynn Miller, Marty Celnick, Ray Caruso, and Robert LaBonte.

The meeting was called to order by Tom Clark at 7:11 p.m.

**President's Remarks.** Tom Clark thanked Social Chair Jim Hajek for organizing a successful Winter Party, he also thanked Naomi Greene for suggesting Maldaner's as the venue. Tom introduced Ray Caruso, the new at-large member of the Board.

**Minutes.** Stephen Paca distributed a draft of the minutes from the February board meeting via e-mail. He made corrections based on feedback, and the minutes were approved.

**Treasurer's Report.** Dave Lucas presented the Treasurer's Report. He reported a balance of \$14,431.51 for the period ending 12/31/11. Dave remarked that the report reflected a payment to the League of Illinois Bicyclists for a CCC brochure mailing. Jim Hajek made a motion to approve the Treasurer's Report; Ken Anderson seconded the motion; and the Board approved the report.

**Special Events Report.** Tom reported that he and Alan Whitaker met with Patty Kuhn and Mark Kuhn, along with a graphic designer, from Springfield Clinic to discuss ideas for this year's CCC brochure and flyer design. The graphic designer is also working on an event logo for the CCC. Tom is also posting the event to several online sites.

**Legislative/Education Report.** Lynn Miller and Bill Donels met with director Mahoney regarding the bicycle-pedestrian way plan. There will be a public meeting with the city to get their input on how to keep the process moving forward. Kevin Greene indicated that the Bike Advisory Council met with the city's traffic engineer to discuss the draft of the bicycle-pedestrian way plan and the concerns that the city has with the proposed routes. The Council emphasized the need to have an interconnected

bike network throughout the city. Kevin gave an update on the Lincoln-themed downtown bike rack proposal; the city will be asking for bids for fabricating and installing the 20-25 racks.

Bill reported that the minimum pre-registered order amount for the Share the Road license plates has been met, so they are preparing to begin production on the plates. LIB sent out notices to the people who pre-registered for the plates.

**Social Chair Report.** Jim Hajek reported that there were 111 RSVPs to the Winter Party and 107 people attended. Jim reminded the Board about the dates and locations of the remaining socializers.

**Incentive Chair Report.** Mark Rabin's Hot Chocolate ride was voted Ride of the Month for January. The Almost Anything Award was given to Jim Hajek for organizing a successful Winter Party. Marty Celnick's name was drawn for the monthly ride leader incentive award.

**Ride Committee Report.** Lynn Miller reported that he's working on the March ride schedule and already has the March socializer in it. Alan Josephson will work on the ride schedules starting with April. There is now a separate "Other Area Rides" section published after the ride schedule, which is where other local rides, such as those originating from bike shops, are listed.

**Newsletter Editor Report.** Marty Celnick reported that he's waiting for articles to come in for the next issue. There was discussion regarding who at the printing company needs to get cc'd on e-mail messages; the proper distribution list will be sent out.

**Webmaster Report.** No report. Someone will contact Alan Whitaker to make sure Ray Caruso is added to the board e-mail forwards, and also to the contact page on the website.

**Old Business.** Tom reported that the initiative to get a discount for club members to the CycleFit classes

at FitClub didn't work out. He also reported that the Special Events Chair position remains vacant. In the meantime, volunteers who have performed certain duties before, such as marketing, are already working on their tasks.

**New Business.** Tom reported that he received an e-mail from Linda Wheeland looking for a club representative to serve on the steering committee to develop a bicycle-pedestrian plan for the rural communities. Lynn Miller volunteered to serve on that committee.

Will Reynolds could not attend the meeting to get club feedback on a grant-funded bike rack art project. This item was moved to the March meeting agenda.

Robert LaBonte attended the Board meeting to talk about the Bike Kitchen project. The goal of this project is to become a community bike shop that provides bike repairs at low or no cost, through the help of volunteers and donations of tools and supplies. There will be an informational meeting on Feb 13th. Kevin Greene made a motion for the club to donate \$500 to help the Bike Kitchen with startup costs; Ken Anderson seconded the motion; the Board approved the motion, with Dave Lucas abstaining from the vote.

Naomi Greene has set up an informational meeting to introduce the club to potential members and to publicize this year's special events, including: the Capital City Century, SBC Cycling Challenge, and Bike Academy.

The meeting adjourned at 9:23 p.m. The next meeting is scheduled for Wednesday, March 7th, 2012 at 7:00 p.m. at the home of Ken and Sandy Anderson.

## **Secretary's Report**

*by Ken Anderson, Secretary*

### **Renewals**

- Judy Shipp
- Zachary Bright

### **Renewals at the Contributing Level**

- Alan & Harriet Josephson
- Mark & Linda Flotow

### **Renewals at the Sustaining Level**

- Vaughn Morrison & Sherry Knight & Family

### **New Members**

- Merle & Betty King
- Rick Haberkorn
- Brian & Becky England

**Thanks to all for your support of the SBC and bicycling!! Ride safe!!**

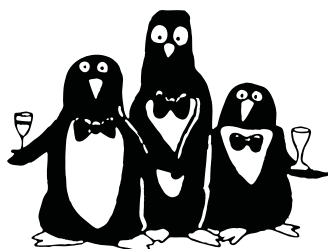
Note: Renewals or new applications not received by the end of the first week of the month may be recorded on next month's report.

## **Bicycle for Sale:**

- 2009 Scott Spark-60 full suspension alloy mountain bike, bought new early summer 2010, low miles ridden lightly.
- Medium size.
- Rock shox toro 120mm fork, adjustable with lockout - 110 mm rear shock, adjustable with lockout.
- Shimano 'slx/deore' 3x10 group, Shimano hyd disc brakes - 185 front/160 rear.
- Continental 'mountain king' 2.2 tires - ridden in yard only.
- Grey/black with red and white trim.
- No dents/dings/gouges/scratches - light scuff on right rear corner of seat and brake lever.
- Nice bike \$700 or offer.

If interested, contact David R. Banks  
cell 691-2917

### **FINAL SOCIALIZER OF THE SEASON**



April 11, 5 - 7 p.m.

The Dublin Pub at  
The Vinegar Hill  
Mall, 107 West  
Cook Street



**Come visit us at our  
new expanded location:**

**17 Cottonwood Dr.  
Chatham  
217-483-7807**

**Directly across the street  
from our old location**

**M-F 10-6  
Sat 10-4**

**[www.wheelfast.com](http://www.wheelfast.com)**



**Exclusive Area Dealer**



# Springfield Bicycle Club Membership Application

New Member

Renewing Member

Change of Address

Name		
Address		
City		
State	Zip	
E-mail Address(es)		
Phone(s)		
Birth date*		

### Type of Membership (check one):

Individual: \$15 per year

Family: \$20 per year

Contributing: \$25 per year

Sustaining: \$50 per year

Patron: \$100 per year

Corporate: \$100 per year

### Family Member Information

Name 1:	Birth date*:
Name 2:	Birth date*:
Name 3:	Birth date*:
Name 4:	Birth date*:

I would like to opt out of:  Club e-mail announcements

Quick Release mailing (issues are available at [www.spfldcycling.org](http://www.spfldcycling.org))

I would like to help with SBC activities:  Yes  No

If yes, please check any specific areas of interest:

Lead bike rides

Help with social activities

Help with bicycle advocacy

Help w/ Capital City Century

Serve on the SBC Board

Other \_\_\_\_\_

### Legal Waiver

I (and my parent or guardian in case of a person under 18 years of age) hereby release the Springfield Bicycle Club and any other party or parties involved in any Springfield Bicycle Club activity of any liability whatsoever for any loss or damage to property or for personal injury sustained or occurring on any Springfield Bicycle Club event.

Signature:	Date Signed:
Parent/Guardian:	Date Signed:

### Official SBC Name Badge

Hang it on your seat bag. These are a pretty neat way to let other riders know your name. Include **\$11.00** extra and print your name (clearly) on the following line as you would like it to appear on your name badge:

Badge Name: \_\_\_\_\_

\*providing birth dates is optional, but recommended to help us keep track of club demographics.

<p><b><u>Mail with Check to:</u></b></p> <p style="text-align: center;">Springfield Bicycle Club Post Office Box 2203 Springfield, IL 62705</p>
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Springfield Bicycle Club  
Post Office Box 2203  
Springfield, IL 62705  
Address Service Requested  
Not for Commercial Use

Presorted Standard  
U.S. Postage Paid  
Springfield, IL  
Permit #800

## **Springfield Bicycle Board Members**

### **President**

Tom Clark  
726-5560  
president(at)spfldcycling.org

### **Treasurer**

Dave Lucas  
585-1078 (new)  
treasurer(at)spfldcycling.org

### **Legislative/Educational**

Bill Donels / Lynn Miller  
546-8036 / 787-3354  
legislative(at)spfldcycling.org

### **At-Large Members**

Mike Schwab  
801-7224  
at-large(at)spfldcycling.org

### **Vice President**

Alan Josephson  
299-3348  
vp(at)spfldcycling.org

### **Special Events**

VACANT  
events(at)spfldcycling.org

### **Web Master**

Alan Whitaker  
494-6807  
webmaster(at)spfldcycling.org

### **Board Secretary**

Ken Anderson  
522-3876  
secretary(at)spfldcycling.org

### **Records**

David McDivitt  
787-5964  
records(at)spfldcycling.org

### **QR Editor**

Marty Celnick / Shirley Baer  
522-4206  
editor(at)spfldcycling.org

QR Deadline is the

**15th**

of the month

### **Recording Secretary**

Stephen Paca  
766-2604  
recording(at)spfldcycling.org

### **Social Co-Chair**

Jim Hajek  
698-7626  
social(at)spfldcycling.org

### **Incentive Chair**

Kevin Greene  
793-9622  
incentive(at)spfldcycling.org

## **Quick Release Advertisement Rates: Half Page: \$20 Full Page: \$40**

Payment is required in advance for all business ads. Ad copy should be sent to the QR Editor no later than the 12th of the month in order for ad to appear in the following month's QR. Individual club members (excluding businesses) may list bicycling-rated items to buy or sell without charge.