

FIRST OF ALL, THANK YOU!!!

Thank you for joining the Sag Driver Crew for the 2023 Capital City Century on Saturday, September 9, 2022!

Many of you know what the "drill" is, but if you're unfamiliar with our process here are some points to consider:

Scott Sievers has agreed to take the lead for this year's SAG team. Thank you Scott!

EVENT T-SHIRT

Every volunteer will receive an event t-shirt. If you'd like to pick this up at packet pick-up, come to Scheels on Friday from 4:00-6:30pm. You can also pick up your SAG supplies then, too. If that doesn't work, no problem – you can pick up the morning of the ride. We'd love to have you wear your event t-shirt during your shift.

ROUTES

Here is a link to the routes for this year's CCC. Scott will make some assignments on which route you will be covering.

[2023 Capital City Century \(ridewithgps.com\)](https://ridewithgps.com)

MECHANICAL SUPPORT

Wheel Fast will provide pre-ride technical service to riders at the start until 9:00am. After that, Jeremy will be driving the Wheel Fast van around on the course.

Scheels bike shop will be at the rest stop at Athens Community Park from 11-3 also providing minor repairs to riders.

THINGS TO BRING

If you have a small cooler, bring it along and you can fill it with bottled water and Gatorade at Sherman.

The Club has four SAG boxes with some supplies that could be helpful in encountering a SAG need on the routes: various replacement tubes and tires, flashing light for the top of your vehicle, window flags that identify your vehicle to riders, small first aid kit, tire levers, electrical tape, zip ties, hand sanitizer/sanitizing wipes, blue paper shop towels, nitrile gloves, and a floor pump. We don't have items to repair any tubeless tires. But, if you have other tools (particularly for tubeless) that you know that would work well on course, please bring them along. Should you encounter expenses, send me the receipt and the Club will reimburse you. If there are more teams than available boxes, we'll try to have first aid kits, wipes, towels, but will not have tubes/tires for those support boxes.

Feel free to stop at any of the rest stops to re-stock any nutrition needs in your vehicle. Feel free to grab a bite to eat as well! Below is info about the rest stops:

Williamsville Community Park Members of the Springfield Road Runners Club will be staffing this stop	Athens Community Park Scheels will have a bike mechanic shop set up here for Open 10:00 AM –13:30 PM	Middletown Community Park Thanks to Mike and Tonya Siltman of Middletown for
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Open 8:00 AM –1 2:30 PM Bacon Pancakes Bottled Water Gatorade Bananas Assorted prepackaged baked goods, bars	Hot dogs Bottled Water Gatorade Bananas Assorted prepackaged baked goods, bars	setting up this aid station for those riding the longer distances Open 9:00 AM –2:30 PM Pulled Pork Sandwiches Ham & cheese sandwiches Grilled cheese sandwiches Cheese quesadillas Turkey wraps Black bean veggie burgers Baked potato chunks Pumpkin bread, cookies, cinnamon rolls from Yoder's Bakery in Arthur, IL Chips Bananas Water / Gatorade Soda
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SAG CENTRAL /MEETUP ON SATURDAY, SEPT 9

This year there will be a dedicated SAG phone number to which riders will call if they need SAG –

(309) 323-0290

Scott Sievers will be answering this number and can dispatch other SAG drivers based upon rider and SAG driver location.

Scott would like to meet at the Sherman Athletic Club at 6:30am. The club will have the “big blue tent” set up in the parking lot and that will be the meeting spot. The address is:

Sherman Athletic Club

300 South First
Sherman, IL

The first riders will be out on course as early as 6:00, but SAG will not be on-course until 7:00am.

SAG TEAM

Here are the SAG drivers for 2023. Please make sure that Scott Sievers has your contact info.

(217) 801-2873 Scott Sievers (captain)

Jennifer Walker

Jessi Springer (Please note – Jennifer and Jessi will also be providing rest stop support at Athens Community Park – THANK YOU SO MUCH!!!)

Dave Huber
Stephen Paca
Jeremy Eisenhower

Thank you again for volunteering. If you have any questions, please text, call or email either me or Scott:

Anne Schroll
217-414-4101
Abaker61@gmail.com

Scott Sievers
217-801-2873