



the Quick Release

NOVEMBER
2023

www.spfldcycling.org

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November Updates

The **Halloween Social** that was planned for October 28th was rescheduled and subsequently canceled.

Roger Schnelten's **45th Annual Oktoberfest** was a smashing success. A pre-party ride, delicious food and live entertainment combined to give attendants a great afternoon. The SBC is proud to support this long-standing tradition and appreciates Roger's hard

work and dedication to making this event one to remember.

Daylight Savings Time. Remember to set your clocks back one hour on Sunday, November 5th!

If it's November, it must be **Annual Meeting** time! Please consider attending this year's meeting, which will be held at Fire & Ale Restaurant in Sherman on Wednesday evening, November 15. More details are included in this newsletter.

What's Going On With the Iron Bridge Road Project?

In the July newsletter, it was reported that Sangamon County had indicated they expected construction to start in September on the intersection of Woodside Road and Iron Bridge Road. If you've been on the InterUrban Trail, you've probably noticed that this is not the case.

The County indicated recently that an awardable bid was not received and that the project will be rebid at a later date. Stay tuned for updates!





2023 Board

PRESIDENT

Scott Sievers

VICE PRESIDENT

Anne Schroll

TREASURER

Larry Stone

SECRETARY

Jeanny Huber

MEMBERSHIP DIRECTOR

Ted Sunder

LEGISLATIVE & EDUCATION DIRECTOR

Mike Murphy

MARKETING DIRECTOR

Anne Schroll

SPECIAL EVENTS & PROJECTS DIRECTOR

Lori Dale

RECORDS KEEPER / MILEAGE DIRECTOR

Vacant

RIDE INCENTIVE DIRECTOR

Marty Celnick

SOCIAL DIRECTOR

Nathan Schorfheide

AT-LARGE DIRECTORS

Kathryn Hanlon

Barb Manson

Mike May

Chris Scheufele



What's Going on in the SBC?

Stay up-to-date on the various initiatives and events in the club.

CLUB INITIATIVES

Gravel Series Being Planned

Casey Primm is coordinating a series of gravel rides for the 2024 season, to include several local non-club rides and a potential "race" to cap the year off.

The Program formerly known as the D-Railers

A planning meeting took place on October 26th. In attendance were Bob Coady, Libby Shawgo, Jen Rockwell, Casey Primm, Amanda Rose, Mike Murphy and Anne Schroll. The program, which will kick off in the spring of 2024, will correlate initially with the Sangamon Cycling Series. The goal of the program is to help cyclists who are new to the club and/or new to group riding find fellow riders and ultimately participate in the Capital City Century in September. Stay tuned for updates.

2024 Capital City Century

Date/Venue: Speaking of the Capital City Century, the date has been chosen for next year's ride. The date will be Saturday, September 14 and the venue will again be the Sherman Athletic Club. Pushing the date back by a week allows for use of the boulevard through the Village of Williams-ville and avoids conflict with traffic from Williams-ville's Autumn on the Boulevard Festival, which is scheduled for September 7th.

Routes: Distances available will be the 12-mile family ride, and 20-, 40-, 63- and 100-mile road routes. The 125-mile and the road routes will not be offered in 2024.

Registration Options: Registration will be handled through BikeSignUp. New for 2024 will be an option to register at a discounted rate and purchase a t-shirt separately. Plans are also in the works to offer a jersey.

Online: We're working on a new website for the CCC and hope to have it published by the end of the year.

Newsletter Content

Articles for the Quick Release are welcome! Please send ideas, articles, etc. to newsletter@spfldcycling.org



ANNUAL MEETING & ELECTION

WEDNESDAY, NOV. 15

6:00 PM

Board Meeting

6:30 PM

Annual Meeting Open to all
SBC Members

FIRE & ALE RESTAURANT

135 Illini Boulevard
Sherman, IL

2024 Board of Directors

The SBC Board of Directors serve one-year terms that commence on January 1. On Wednesday, November 15th, the club's Annual Meeting and Election will take place at Fire & Ale in Sherman. All club members are encouraged to stop by to meet the new board and socialize at this happy hour event. An online survey will be sent out after the meeting asking our club members to vote for 1) the new board and 2) several revisions to the by-laws.

2023 Board

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VICE PRESIDENT / MARKETING DIRECTOR

Anne Schroll

TREASURER

Larry Stone

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Nathan Schorfheide

AT-LARGE DIRECTORS

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Barbara Manson
Michael May
Chris Scheufele

Proposed 2024 Board

PRESIDENT

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VICE PRESIDENT / MARKETING DIRECTOR

Anne Schroll

TREASURER

Larry Stone

SECRETARY

Jeanny Huber

MEMBERSHIP DIRECTOR / LEGISLATIVE & EDUCATION DIRECTOR

Ted Sunder

SPECIAL EVENTS & PROJECTS DIRECTOR

Lori Dale

RECORDS KEEPER / MILEAGE DIRECTOR

This board position will be eliminated
in 2024.

RIDE INCENTIVE DIRECTOR

Chris Scheufele

SOCIAL DIRECTOR

Roseanne Nance

VOLUNTEER COORDINATOR

This is a new board position that is
pending approval.

AT-LARGE DIRECTORS

Marty Celnick
Keri Jo Fulscher
Barbara Manson
Casey Primm



Out and About

SBC members get around! Here are selected photos from some of the rides and events that took place last month. We love to see where our members have been riding. If you have photos that you'd like to share, please send to Anne Schroll at info@spfldcycling.org



OCTOBER 9

DOUG'S BIRTHDAY RIDE ON THE ROCK ISLAND TRAIL

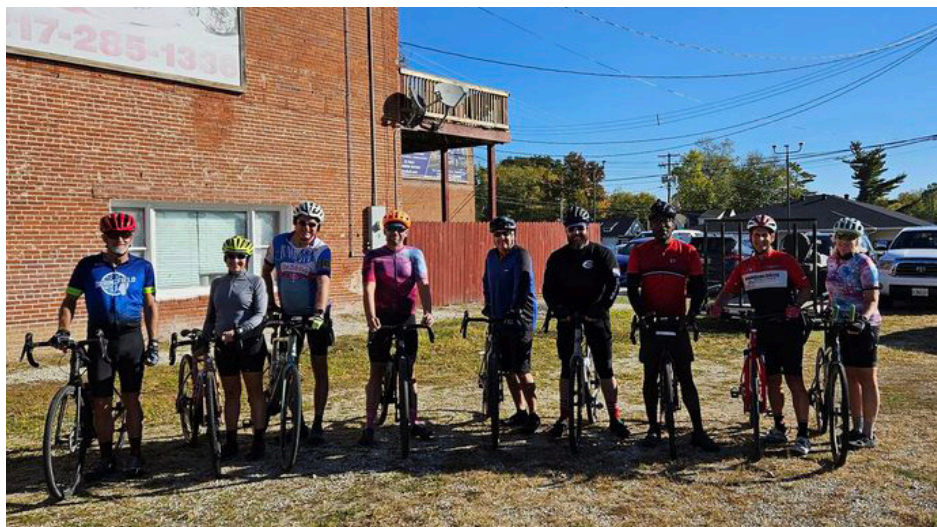
To celebrate his birthday, Doug Barringer organized a ride on the Rock Island starting from the Alta Trailhead in Peoria. This crushed limestone trail passes through several small towns and ends in Toulon. A highlight is an old bridge over the Spoon River. Alas, Doug's quest for a quality cup of coffee was unsuccessful, but the group enjoyed lunch after the ride at the Last Chance Bar & Grill.



OCTOBER 15

BOOS CRUISE, BLOOMINGTON/NORMAL

Jen Rockwell organized the annual Boos Cruise -- an October tour of Bloomington/Normal breweries. The ride started at DeStihl Brewery and included stops at Lil' Beaver Brewery and Keg Grove Brewery, and a ride through Evergreen Memorial Cemetery, where Adlai Stevenson and the niece of Frank L. Baum, namesake for Dorothy from the Oz books, are buried.



OCTOBER 21

PIKE COUNTY GRAVEL RIDE

Anne and Steve Schroll put together a gravel ride that started on the square in Pittsfield and made a loop through Pike County, following the Illinois River through the Ray Norbut Fish & Wildlife area, before heading to the Casey's c-store in Griggsville. It just happened to be "Fall Pickin' Day" in Pittsfield and there seemed to be a garage sale on every corner.

The ride was not without drama. Mark Seipel was chased by a pit bull and subsequently bit by a different dog in town (Mark reported that he is fine). Steve Schroll's ride was cut short when his wife accidentally drove over his bike at the water stop. Fortunately, the bike survived with damage only to the rear derailleur but it may be N+1 time at the Schroll household.



OCTOBER 21

RIDE TO THE ARCH, EDWARDSVILLE

From Harv Koplo: It was a beautiful Saturday, and the ride to the Arch and the Broadway Oyster Bar in St. Louis from our Edwardsville starting point was a great success. Twelve SBC members participated. Although we hit some wind on the way back, it wasn't nearly as bad as the wind was that day in Springfield. Some were doing the ride for the first time, and really enjoyed riding around the arch and commuting to the restaurant.

Our thanks to Edwardsville friend Mike Hungerford for leading us on the Madison County trails to the McKinley Bridge, which took us over the Mississippi River to the St. Louis river trail and on down to the arch.



FULL-SERVICE BICYCLE SHOP

Serving coffee and locally-sourced craft beer

LOCATED IN DOWNTOWN WINCHESTER, ILLINOIS

CORPORATE SPONSOR of the Springfield Bicycle Club

21 SOUTH MAIN STREET | WINCHESTER IL

[217] 742 4025

ruralcyclery@gmail.com fb: ruralcyclery



OCTOBER 8 45th Annual Oktoberfest

SUBMITTED BY **ROGER SCHNELTEN**

The 45th Annual Oktoberfest is a wrap, and it was yet another great one.

Weather is always a huge factor, and this year Mother Nature did not disappoint. A warm, early autumn day in the yard led to a perfectly crisp and chilly evening for the late-night crowd.

Feeding a crowd is a task, and I was thankful once again to have my son-in-law, Andrew, on the grill along with Mike and Michelle toiling over their fish fryers. I'm always asked about attendance, but I stopped counting heads decades ago. Suffice to say we made it most of the way through the many boxes of brats and burgers, and that amazing walleye always disappears before it makes it to the garage. The generous side dishes that arrive, year after year, are a testament to folks' enduring enjoyment of this annual labor of love.

Chuck Costello continues to amaze with his special-recipe Schneltenfest brew, which we always polish off within minutes before diving into the remaining kegs.

We had two acts lined up for this year's 'Fest: Curt Smith provided the perfect atmosphere for food and games, and Antone and Wick, celebrating their 23rd year on-site, seem to be getting better with age. When the temperature dropped later in the evening and I retreated to the garage, I had a front-row seat for their set, which was a memorable performance.

I'm grateful as always for the continued support of friends old and new who walk through the garage every year, and to the financial support from the Springfield Bicycle Club and the Springfield Ski and Travel Club.

Add Sunday, October 13, 2024 to your calendars—the 46th Annual Oktoberfest is on its way!





2023/2024 Club Calendar

Below is a listing of events that club members may have an interest in. In addition to SBC events, also included are cycling events in the Springfield area that have proven popular with our members. This calendar is preliminary and subject to change.

FEBRUARY

- 6 Board Meeting
- 8 Second Annual SBC Trivia Night at Harvest Market
- 27 Membership Committee Meeting
- 27 Kids Triathlon Committee Meeting

MARCH

- 4 **SBC TRAVELS** Dirty South Roubaix
- 6 Board Meeting
- 12 **AREA EVENT** Dirty Assumption Gravel Ride
- 13 Monday Nite Gravel kicks off
- 18 Weekend Road and Gravel Rides Start (weather permitting)
- 26 Sangamon Cycling Series – Registration Opens
- 28 Music Bingo at Dublin Pub
- TBD Kids Triathlon Committee Meeting
- TBD CCC Planning Committee Meeting

APRIL

- 3 Board Meeting
- TBD Kids Triathlon Committee Meeting
- TBD CCC Planning Committee Meeting
- TBD CCC - Registration opens

MAY

- 1 Board Meeting
- 13 SCS Event 1 – Sherman Community Park 8:00 AM
- 20 **SBC TRAVELS** Vino Fondo, Defiance, MO (Gravel and/or road)
- 27 Rural Cyclery Gravel Ride

JUNE

- 4 **AREA EVENT** Wheelfast Monster Metric
- 5 Board Meeting
- 10 **AREA EVENT** McLean County Wheelers Spring Metric
- 24 SCS Event 2 – Chatham Community Park, 8:00 AM

JULY

- 4 **AREA EVENT** McLean County 4th of July Ride
- 4 Franklin Burgoo Ride
- 5 Board Meeting
- 8 **SBC TRAVELS** Tour de Donut
- 15 Kids Triathlon, Lincoln Park
- 22 SCS Event 3 – 7:30 AM Sangchris

AUGUST

- 7 Board Meeting
- 12 SCS Event 4 – 7:30 AM Rochester
- 26 **AREA EVENT** Illinois Valley Wheelmen No Baloney Ride
- 27 Don Daniels Memorial Ride to Bolivia Bridge

SEPTEMBER

- 9 Capital City Century
- 16 **AREA EVENT** Logan County Cyclists – Oasis Center / Railsplitter Festival Metric and 27 mile
- 22 Rural Cyclery Gravel Ride

OCTOBER

- 1 **AREA EVENT** Illinois Senior Olympics
- 9 Board Meeting
- 6-8 **AREA EVENT** Pumpkin Hop CX, Beardstown (tentative)
- 6-8 **SBC TRAVELS** Hilly 100, Ellettsville, IN
- 21 **AREA EVENT** Springfield Parks Foundation PARCX

NOVEMBER

- 15 Board Meeting – Annual Meeting/Election
- 12 **AREA EVENT** Dirty Petersburg Gravel Ride

DECEMBER

- 4 Board Meeting
- 11 Holiday Social

2024

SEPTEMBER

- 14 52nd Capital City Century

OCTOBER

- 13 Roger Schnelten's 46th Annual Oktoberfest



NOVEMBER BIRTHDAYS

Happy Birthday to the following club members!

Did we miss your birthday? Our apologies for the oversight.

Help us keep up-to-date by making sure that your profile in Club Express is current.

11/3

Kathy Whitaker

11/4

Carolynn S Clark
Lance Garrison

11/7

Alan Josephson

11/11

Vince Smith

11/12

Amanda Fogleman
Jordan Polansky

11/13

Stephanie Sievers

11/15

Bob Coady

11/16

Marc E Bell

11/18

Gerry Hume
Michael Patterson

11/20

Gina Pecori

11/21

Harriet Josephson

11/22

Lisa M Schultz

11/23

William Hunt

11/25

James P Walsh

11/26

David Manson

Jill Roth

Ryan Steinacher

11/29

Angela Blunk

11/29

Chris Mehuys

11/30

Loren J Easter



Membership Update

TOTAL ACTIVE MEMBERS: 379

OCTOBER RENEWALS AND NEW MEMBERS

WELCOME TO OUR NEW MEMBERS:

Individual Memberships

Bruce Briggs
Stephen Newell

Donations

We wish to thank the following members who provided generous donations to the club with their membership dues.

David Banks
Bruce Briggs
Stephen Newell

WELCOME BACK TO OUR RENEWING MEMBERS:

Family Memberships

Harv Koplo & Annette Chinuge

Individual Memberships

David Banks
Cindy Kvamme
Esteban Sanchez
Mary Thomas

November Milestones

Name	Join Date	Years with SBC
Greene, Kevin	11/4/2005	18
Sanchez, Esteban	11/17/2017	6
Phillips, Brian	11/14/2019	4
Doctors, Rachel	11/4/2020	5
Conner, Bill	11/10/2022	1



The Final D Ride! Celebrating the last Wednesday night D ride of the season with libations and fellowship at Springfield Beer Company.

Club Benefits

Group Rides

Discount on Capital City
Century Registration

Discount on Sangamon
Cycling Series Registration
Socials

Membership Directory
Spring Metric

Discounts on Road iD
Products

Membership in SBC
RidewithGPS Club

Discounts on SBC-branded
riding apparel

Supplemental Accident and
Liability Insurance on Group
Rides

*We are always working to find
discounts for our members
on cycling-related products.
Stay up to date on all club
discounts at the following link
(you will need to be logged
into ClubExpress to view the
page)*

From the Archives

The Quick Release newsletter has been around for nearly as long as the SBC. Many issues are in digital form and are available for viewing on the club's website under the tab "SBC News". Following are some random snippets from over the years.

15 YEARS - NOVEMBER 2008

In the minutes from the September board meeting, Legislative/Education Director Bill Donels reported that U.S. Senator Dick Durbin had tagged \$315,000 for grading and paving of the InterUrban Trail.

Roger Schnelten reported on the 30th Annual Oktoberfest. R&M Cyclery donated a \$50 gift certificate to that shop, which was won by Shirene Thomas. The SBC and the Springfield Ski Club made donations to the event, which helped defray the substantial costs involved with hosting this event.

20 YEARS - NOVEMBER 2003

Several members of the SBC were recognized for donating to the blood bank.

30 YEARS - NOVEMBER 1993

First Lady Brenda Edgar presented club member John Werthwein with the State Employees Reach Out Recognition Program for his volunteer activities with the Illinois Rails to Trails Conservancy.

45 YEARS - NOVEMBER 1978

From Mike Becker's Memories:
David Ringland picked up an award at the Hilly Hundred for having ridden the farthest to get there of the 1500 participants. If four more SBC members had gone, the SBC would have been recognized as having sent the most members. The 43 that were there had a great time.

50 YEARS - NOVEMBER 1973

From Mike Becker's Memories:
The month's meeting was an installation of officers dinners at a wiener roast and pot luck.

On October 7, the first Bob Myers Century Ride was held with a registration fee of \$3.50. ***That ride grew into today's Capital City Century.***

60 YEARS AGO - NOVEMBER 1963

On October 7, 1963, the first Bob Myers' Century Ride, with John Danser as Chair, was held. This ride is now known as the Capital City Century.



Ride Schedule

Ride Classifications

A 18.1-20.0+ MPH AVERAGE SPEED.

These rides are for extremely strong and competitive cyclists with expert bike handling skills. Expect cyclists to be self-sufficient, and able to maintain speeds of 19+ mph for extended distances using pace-lines and other faster riding skills.

B 16.1-18.0 MPH AVERAGE SPEED. These rides are for strong, experienced cyclists with considerable group riding experience. Expect the emphasis to be on improving individual stamina and riding skills. Cyclists will not feel obligated to wait for slower riders. Many times, pace-lines are common in group riding. Cyclists should be able to handle their own flats and other minor mechanical repairs and should be comfortable navigating by map or GPS computer if separated from the group.

C 14.1-16.0 MPH AVERAGE SPEED. These rides are for competent cyclists with basic safety and bike handling skills. These rides combine social riding with improving fitness and riding ability. Expect that most cyclists will ride in groups. There may be rest stops on the route, but they

will be limited. Cyclists should be comfortable navigating by map if separated from the group and should be able to handle their own flats and other minor mechanical problems

SLOW C 12.1-14.0 MPH AVG

SPEED. These rides are for competent cyclists with basic safety and bike handling skills. These rides combine social riding with improving fitness and riding ability. Expect that most cyclists will ride in groups. There may be rest stops on the route, but they will be limited. Cyclists should be comfortable navigating by map if separated from the group and should be able to handle their own flats and other minor mechanical problems

D 10.0-12.0 MPH AVERAGE SPEED. These rides are for novice or recreational cyclists. These rides will have rest stops as needed. Expect the ride leader or another club member to sweep (stay with) the slowest cyclist. Assistance from the ride leader will be provided for flats and other minor mechanical problems.

EZ UNDER 10 MPH AVERAGE SPEED.

These rides are purely social. Expect shorter routes either in town or on

a trail and expect to ride together as a single group. No one will be dropped out of the back of the group. Assistance from the ride leader will be provided for flats and other minor mechanical problems.

GR GRAVEL. Route will be gravel, dirt or rough roads that are unsuitable for traditional road bikes.

MTB MOUNTAIN BIKE. Route will be on mountain bike trail system, typically singletrack.

NC NON-CYCLING EVENTS. No bikes required for these events.

For updates, corrections and last-minute changes to the ride schedule, please check the SBC Club Calender at spfldcycling.org

Scheduled SBC Rides/Events

This section lists "one-time" club rides and special events. It's a good practice to check the club's Facebook page and/or the SBC Members Facebook group, as often rides are scheduled at the last minute before the weekend and don't appear on this schedule. Weather may influence start times and cancellation as well.



NC SBC ANNUAL MEETING

WEDNESDAY, NOV 15 | 6:30 PM

LOCATION: Fire & Ale, Sherman, IL
Following the Board Meeting, members are encouraged to stop by Fire & Ale to meet the proposed 2024 board and to learn about upcoming programs for 2024.

For more info, call or text Anne Schroll at (217) 414-4101

D/EZ UIS SHAKESPEARE GARDEN

MONDAY, NOVEMBER 20 1PM

Location: LincolnLand College Trutter Center
Meet at LincolnLand College Trutter Center for a ride to Lake Springfield and the paved trail to UIS Shakespeare Garden with refreshments at the UIS Student Union.

For more info, call John Sanford at (217) 416-7156

D/EZ WASHINGTON PARK BOTANICAL GARDEN DOME

FRIDAY, DECEMBER 8 | 1PM

Location: Washington Park Botanical Garden Dome, 1740 West Fayette Ave, Spfld 62704

Meet at the Washington Park Botanical Garden Dome to view the Winter Floral Show with 500 poinsettias, decorated evergreens,

tropical flora and fauna, followed by a bike ride to Incredibly Delicious Restaurant and Bakery.

For more info, call John Sanford at (217) 416-7156



NC SBC HOLIDAY SOCIAL

MONDAY, DECEMBER 11 | 5:30-8PM

LOCATION: Harvest Market, 3001 S. Veterans Parkway, Spfld, IL

Get in the holiday spirit at the bike club's social! The club will provide appetizers and there will be an optional White Elephant Gift Exchange (\$5-10 limit).

ABCD 52ND CAPITAL CITY CENTURY

SATURDAY, SEPTEMBER 14, 2024

LOCATION: Sherman Athletic Club
Mark the date for the club's annual century ride! Distances will include the 12-mile Family Ride, 20-, 40, 62- and 100-mile road rides.

Area Rides / Events / SBC Travels



GR DIRTY PETERSBURG GRAVEL RIDE

SUNDAY, NOV. 12 | 9:00 AM

Starting Location: Hand of Fate Brewing, Petersburg, IL

Gravel Riding and Beer! We are combining two things we enjoy. Let's meet at Hand of Fate Brewing in Petersburg at 9:00 for either a 30, 40 or 50+ gravel ride. After the ride, meet back at the brewery for drinks, food and fellowship. *This is not an SBC event but the club provides support.*

Ride Organizer: Kyle May



ABCD APPLE CIDER CENTURY

SUNDAY, SEPTEMBER 29 2024

THREE OAKS, MI

The Apple Cider Century (ACC) is an annual one-day 15, 25, 50, 75 or 100 mile bicycle tour of the orchards, forests and wine country in and around Three Oaks, Michigan on the last Sunday in September.

Since 1974, it has become one of the Midwest's largest one-day century events with over 4,500 cyclists participating last year.

For more information, check the website applecidercentury.com



Membership Application

- ☐ New Member
- ☐ Renewing Member
- ☐ Change of Address

Primary Member Information

Name _____

Address _____

City _____ State _____ Zip _____

Email _____ Phone _____

Birth Date (optional) _____

Type of Membership

- ☐ Individual: **\$25** per year
- ☐ Family: **\$40** per year
May include up to 4 additional members who must all reside at the same address
- ☐ Corporate: **\$100** per year

Additional Donation

- ☐ \$10
- ☐ \$25
- ☐ \$50
- ☐ \$100
- ☐ Other _____

Secondary Members (Family Membership only)

Name _____ Birth Date: _____

Name _____ Birth Date: _____

Name _____ Birth Date: _____

Name _____ Birth Date: _____

Additional Information

- ☐ I would like to opt out of Club e-mail announcements

I would like to help with the following SBC activities:

- ☐ Lead bike rides
- ☐ Help with social activities
- ☐ Help with bicycle advocacy
- ☐ Help with Capital City Century
- ☐ Serve on the SBC Board
- ☐ Other _____



Mail to:

Springfield Bicycle Club
P.O. Box 13035
Springfield, IL 62791-3035

Legal Waiver

I (and my parent or guardian in case of a person under 18 years of age) hereby release the Springfield Bicycle Club and any other party or parties involved in any Springfield Bicycle Club activity of any liability whatsoever for any loss or damage to property or for personal injury sustained or occurring on any Springfield Bicycle Club event.

Signature: _____ Date Signed: _____

Parent/Guardian _____ Date Signed: _____