May 2021 Ride Schedule

For updates, corrections and last-minute changes to the ride schedule, please check the SBC website (www.spfldcycling.org), or the group Facebook page (Springfield Bicycle Club, Springfield IL). All rides return to the starting point unless otherwise noted.

Ride Classifications

A 18.1-19.0+ mph average speed.

These rides are for extremely strong and competitive cyclists with expert bike handling skills. Expect cyclists to be self-sufficient, and able to maintain speeds of 19+ mph for extended distances using pace-lines and other faster riding skills.

B 16.0-18.0 mph average speed.

These rides are for strong, experienced cyclists with considerable group riding experience. Expect the emphasis to be on improving individual stamina and riding skills. Cyclists will not feel obligated to wait for slower riders. Many times, pace-lines are common in group riding. Cyclists should be able to handle their own flats and other minor mechanical repairs and should be comfortable navigating by map or GPS computer if separated from the group.

C 12.0-15.9 mph average speed.

These rides are for competent cyclists with basic safety and bike handling skills. These rides combine social riding with improving fitness and riding ability. Expect that most cyclists will ride in groups. There may be rest stops on the route, but they will be limited. Cyclists should be comfortable navigating by map if separated from the group and should be able to handle their own flats and other minor mechanical problems.

D 10.0-12.9 mph average speed.

These rides are for novice or recreational cyclists. These rides will have rest stops as needed. Expect the ride leader or another club member to sweep (stay with) the slowest cyclist. Assistance from the ride leader will be provided for flats and other minor mechanical problems.

EZ Under 10 mph average speed.

These rides are purely social. Expect shorter routes either in town or on a trail and expect to ride together as a single group. No one will be dropped out of the back of the group. Assistance from the ride leader will be provided for flats and other minor mechanical problems.

- **GR Gravel.** Route will be gravel, dirt or rough roads that are unsuitable for traditional road bikes.
- **NC Non-Cycling events.** No bikes required for these events.

Every month the Springfield Bicycle Club needs rides of various levels and lengths. Would you be willing to create and lead a ride? Email vp@spfldcycling.org.

RIDING DURING A PANDEMIC

All SBC rides are limited to 50 riders (if a group of larger than 50 is present, ride leaders should form two groups).

All riders should be symptom free for 14 days. Symptoms include fever, chill, fatigue, cough, upper respiratory infection symptoms, body aches, loss of smell or taste.

If you have a fever, STAY HOME! Stay at home if you begin to feel unwell, even with mild symptoms such as headache and slight runny nose, until you recover.

If you have labored breathing or a cough when you take a deep breath, please stay home.

Riders should wear a cloth mask when stopped for extended periods.

If you must sneeze, cough, blow your nose, etc. drop back and ensure that no one is in your slip stream.

Bring a handkerchief or rag to carry on the ride. Paper products do not do well when mixed with sweat.

Avoid touching your eyes, nose, and mouth.

Mind the gap. Ride side by side or more than 20 feet behind. The farther away the better. Distances of 20 feet are likely safe.

Do not pass water bottles, food, etc.

Bring enough food and hydration so that convenience store stops are not mandatory.

If you do enter a convenience store, wear a mask.

REGULAR REPEATING RIDES		
Mondays 4:45 p.m. or 5:00 p.m.	West end of Wabash Trail (3316 Robbins Rd) OR Sonic (3102 S Park Ave) Springfield, IL Ride Leader: David McDivitt	B Ride. Start at 4:45 p.m. at Parkway Pointe Theater (Lindbergh Blvd & Robbins Rd) and ride east along the Wabash Trail. Cyclists will then meet up with those starting at Sonic at 5:00 p.m. This ride will get you 16 miles from Sonic or 21 miles from Parkway Pointe Theater. Average speed will be 16 mph. For more info call David McDivitt at (217) 725-1986.
Mondays 5:30 p.m.	Centennial Park large parking lot Bunker Hill Road Springfield, IL Ride Leader: Anne Schroll	Gravel Ride . This ride will get you approximately 20 miles. Expect to maintain speeds between 10-14 mph depending on the road surface. Miles will vary depending on weather and daylight. For more info call Anne Schroll (217) 414-4101.
Tuesdays 10:00 a.m.	Chatham Community Park west end parking lot 760 S Main Street Chatham, IL Ride Leader: Cindy Kvamme	C Ride. Cindy take you to Virden thru country roads for a 28 mile ride at a pace of 13-14 mph. For more info call Cindy Kvamme (217) 971-8687.
Tuesdays 5:30 p.m.	Variable start locations See Springfield Slow C Riders Facebook group event tab for details	C Ride (Slow C). This is a no-drop ride. The location will rotate and so will the leader. This will be an approximately 20 mile ride at a 12-13 mph pace. See the Facebook page for updates. For more info call Bob Coady (217) 416-2181.
Tuesdays May 4 & 18 5:45 p.m.	Quaker Steak & Lube 1120 W Lincolnshire Blvd Springfield, IL Ride Leaders: Jennifer Walker, Mark Wagner, Bev Sneath	C Ride (Tuesday C-group Ride). Ride the "Lollipop Route" for 23 miles along the trail to Chatham and for a short distance in the country. This is a no-drop ride. Watch the Facebook page Tuesday C-group Bike Ride for more details. For more info call Jennifer Walker (217) 652-0424.

Tuesdays May 11 & 25 5:45 p.m.	Stuart Park Parking Lot 1800 Winch Lane Springfield, IL Ride Leaders: Jennifer Walker, Mark Wagner, Bev Sneath	C Ride (Tuesday C-group Ride). This new Tuesday C-group Ride travels 20 miles going north from Stuart Park along county roads, south on Old Covered Bridge Lane, then west onto Pec Road, east on Old Salem Lane then onto the Sangamon Valley Trail from Meadowbrook. This is a no-drop ride. Watch the Facebook page Tuesday C-group Bike Ride for more details. For more info call Jennifer Walker (217) 652-0424.
Wednesdays 9:00 a.m.	Caribou Coffee 1025 Outer Park Drive Springfield, IL Ride Leader: Steve Casper	B Ride. This is a no-drop ride for 30 miles with an 17 mph average to start with while progress thru the season up to 18 -19 mph. There is a coffee stop after the ride at Caribou Coffee. For more info call Steve Casper (217) 414-9833.
Wednesday 5:45 p.m.	Sangamon Valley Trailhead 5529 Bunker Hill Road Springfield, IL Ride Leader: Ted Sunder	BCD Ride. Ride the Sangamon Valley Trail to Stuart Park for 12 miles round-trip or take the new extension north for up to 24 miles. Lights are recommended For more information call Ted Sunder (217) 971-3193.
Thursday 5:30 p.m.	Stuart Park Parking Lot 1800 Winch Lane Springfield, IL Ride Leader: Alan Whitaker	C Ride: Leisurely 12-mile round trip ride on the Sangamon Valley Trail. Relaxed pace of 10-12 mph, extra 12 miles is optional. For more info, call Alan Whitaker (217) 494-6807.
Thursday 6:00 p.m.	BikeTek 957 Clocktower Dr. Springfield, IL Ride Leader: Paul O'Connor	B-Tek Ride (B/C Ride). This is a developmental ride for low-B, high-C riders at a 16mph average for 25-30 miles. Riders will learn how to improve their skills and speed. Ride west from Bike Tek to country roads and some hills. The goal of this ride is to get riders to achieve 18 mph by seasons end. For more info call Paul O'Connor at (618) 694-3446.
Fridays 10:00 a.m.	Wabash Trail by Sonic 3102 S. Park Avenue Springfield, IL Ride Leader: Cindy Moreno	C Ride. Ride with Cindy on the Interurban Trail to Apple Barn in Chatham. 25 miles at a pace of 13-14 mph. For more info call Cindy Moreno (217) 341-3457.
Saturdays and Sundays 9:00 a.m.	Vrendenburg Park 100 Crusaders Road Springfield, IL Ride Leader: Derek Ewing	A Ride. Rides will be 30-40 miles and new riders are very welcome. Cyclists should be self-sufficient and able to maintain speeds of 18+ mph for extended distances. This is a NO DROP RIDE! For more info check out the Facebook Page, "Springfield IL Area Cycling" or call Derek Ewing (217) 414-8803.
Saturdays and Sundays 9:00 a.m.	Vrendenburg Park 100 Crusaders Road Springfield, IL Ride Leaders: Kathryn Hanlon and Doug Barringer	BC Ride. Rides will be 30-40 miles at 14-16 mph average. New riders are very welcome. This is a no drop ride. The goal would be to progress and have the opportunity to move up to the A ride with time. For more info call Kathryn Hanlon (217) 494-7967 or Doug Barringer (217) 414-9153.

SCHEDULED	SCHEDULED RIDES AND EVENTS			
Saturday	Centennial Park	May Day (B/C Ride). Make the most of your cycling goals this year by getting out on your bike on May 1st to get off to a		
May 1	Bunker Hill Road	good start with your biking friends. Tackle some hills and get some base miles by riding from Centennial Park for 45-55 miles		
8:00 a.m.	Springfield, IL	with an average speed of 15-16 mph. For more info call Jordan Litvak (217) 971-8836.		
	Ride Leader: Jordan Litvak			
Sunday	Rotary Park	Auburn or Athens? (C Ride). Cyclists will meet up and decide upon a route depending on wind conditions an average speed		
May 2	4501 West Iles Avenue	of 13 mph. Routes are 20 to Auburn or 30 miles to Athens. For more information call Marty Celnick (217) 494-9967.		
9:00 a.m.	Springfield, IL			
	Ride Leader: Marty Celnick			
Sunday	Stuart Park	Some Hills (B/C Ride). Tackle some hills and get some base miles by riding the "Hill Route" from Stuart Park to Petersburg		
May 2	1800 Winch Lane	and get approximately 60 miles with an average speed of 15-16 mph. For more info call Scott Sievers (217) 801-2873.		
8:00 a.m.	Springfield, IL			
	Ride Leader: Scott Sievers			
Monday	Virtual meeting via Zoom	Board Meeting (NC). All Springfield Bicycle Club members are invited to attend the board meeting. Meeting is held via Zoom.		
May 3	President: Troy Gilmore	If you would like to attend email president@spfldcycling.org for Zoom link or for more info call Troy Gilmore (217) 720-1568.		
7:00 p.m.				
Tuesday	Stuart Park	Athens Oasis (Slow C Ride). 12-14 mph no drop destination ride to Casey's! Let's roll on down the road to a Midwest oasis,		
May 4	1800 Winch Lane	the Casey's in Athens. Join us for the inaugural Springfield Slow C ride. 23 miles of pure pleasure on 2 wheels! Bring your		
5:30 p.m.	Springfield, IL	mask and treat money! For more info call Bob Coady (217) 416-2181.		
	Ride Leader: Bob Coady			
Sunday	Centennial Park	BCD Ride (Mother's Day). Cyclists will Leave Centennial Park for Danenberger Family Vineyards. Ride is open to everyone		
May 9	large parking lot	and the slowest riders will not be dropped. 20-mile round trip. Music, beverages and bicycles, what better way to celebrate		
1:00 p.m.	Bunker Hill Road	Mother's Day and have a relaxing afternoon. The slowest_speed will be around 12-14 mph, but the group will determine the		
	Springfield, IL	pace. For more info call Bob Coady (217) 416-2181.		
	Ride Leader: Bob Coady			
Tuesday	Lost Bridge Trail Head	Lost On The Trail (Slow C Ride). 12-14 mph no drop ride - Let's get lost for about 21 miles on the Lost Bridge Trail through		
May 11	IDOT Parking Lot	Rochester. Starts at IDOT parking lot. Hope to see you there! For more info call Bob Coady (217) 416-2181.		
5:30 p.m.	2300 S Dirksen Pkwy			
	Springfield, IL			
	Ride Leader: Bob Coady			

Thursday	Ride Illinois	Webinar (NC). Join this Ridelllinois webinar and Springfield Bicycle Club president Troy Gilmore to learn about biking in
May 13 7:00 p.m.	Webinar Registration Required	Springfield and the surrounding area, as well as interesting places to visit by bike. Registration required. For more info or to register visit https://rideillinois.org/events/online-learning/
Saturday May 15	Stuart Park 1800 Winch Lane	BC Ride (Show-N-Go). Cyclists will meet up and decide upon a route and average speed, as there is no formal ride leader. Miles may be turned into the Club Records Keeper.
1:00 p.m.	Springfield, IL Show-n-Go	ivilles may be turned into the club kecords keeper.
Sunday May 16 1:00 p.m.	Chatham Community Park (east parking lot) 760 S Main Street Chatham, IL Show-N-Go	BC Ride (Show-N-Go). Cyclists will meet up and decide upon a route and average speed, as there is no formal ride leader. Miles may be turned into the Club Records Keeper.
Tuesday May 18 5:30 p.m.	Centennial Park Bunker Hill Road Springfield, IL Ride Leader: Bob Coady	Whining, no Wine (Slow C Ride). 12-14 mph no drop ride - Let's take a ride from Centennial Park out west past Danenberger Family Vineyards for a lovely 22 mile country cruise. Sadly, no wine this trip, maybe another time? Come with us and enjoy life on 2 wheels! For more info call Bob Coady (217) 416-2181.
Wednesday May 19 7:30 a.m.	Washington Park Picnic Pavilion (south side of Park) Ride Leader: Troy Gilmore	Bike to Work Group Commute (D Ride). This ride is part of Curb Your Car week. Ride from the park to Café Moxo for coffee, or shop the Farmer's Market (arrive around 8:00 a.m.), then off to work you go! Come dressed in your best professional work clothes to show how classy commuting to work can be. For more info call Troy Gilmore (217) 720-1568.
Wednesday May 19 6:30 p.m.	Washington Park Pavilion (large enclosed one) 1501 S Grand Ave W Springfield, IL Ride Leader: Troy Gilmore	Ride of Silence (EZ Ride). Join cyclists worldwide in a silent, slow-paced ride (12 mph max) in honor of those who have been injured or killed while cycling on public roads. The goal is to raise awareness that cyclists have a legal ride to the public roadways and to ask that we all share the road. Riders should begin gathering at 6:30 p.m. A short formal program will take place at 6:45 p.m. The ride will depart in silence at 7:00 p.m. Helmets and lights required. To learn more about this ride and its history, please visit www.rideofsilence.org. For more info call Troy Gilmore (217) 720-1568.
Saturday May 22 1:00 p.m.	Chatham Community Park (west parking lot) 760 S Main Street Chatham, IL Show-N-Go	BC Ride (Show-N-Go). Cyclists will meet up and decide upon a route and average speed, as there is no formal ride leader. Miles may be turned into the Club Records Keeper.

Saturday May 22 8:45 p.m.	Capitol Area Visitor's Center College & Edwards Streets (lot entrance on Edwards behind Boone's Saloon) Ride Leader: Michael Higgins	Night Ride (EZ Ride). Light up the night (and your bike) with crazy battery operated lights or glow sticks. This easy group ride will ride about 7 miles. Helmets recommended, lights required. For more info call Michael Higgins (217) 836-9821.
Sunday May 23 9:30 a.m.	Pike County Courthouse 100 E Washington St Pittsfield, IL Ride Leader: Steve & Anne Schroll	Gravel Ride. Join Anne and Steve Schroll for a ride on Pike County's gravel roads. We will meet on the east side of the Pittsfield square at 9:30 am. The route will be a 40ish mile loop that heads north through the town of New Salem and then heads east towards Griggsville. There's a Casey's convenience store in Griggsville where we can take a break before heading back towards Pittsfield. Ride Leaders: Anne and Steve Schroll. For more info call (217) 414-4101.
Sunday May 23 9:00 a.m.	Centennial Park Bunker Hill Road Springfield, IL Ride Leader: Marty Celnick	C Ride. Cyclists will meet up and decide upon a route depending on wind conditions an average speed approx. 13 mph, routes are approx. 20-30 miles to Auburn or Athens. For more info call Marty Celnick (217) 494-9967.
Tuesday May 25 5:30 p.m.	Quaker Steak & Lube 1120 W Lincolnshire Blvd Springfield, IL Ride Leader: Bob Coady	Lollipop Route (Slow C Ride). 12-14 mph no drop ride - The name says it all! Check out your route and you will see a 23 mile lollipop down the Interurban through Chatham and back. We're hopeful that the Ice Deli might be open, you never know! Bring your mask and treat money! For more info call Bob Coady (217) 416-2181.
Saturday May 29 1:00 p.m.	Stuart Park 1800 Winch Lane Springfield, IL Show-n-Go	BC Ride (Show-N-Go). Cyclists will meet up and decide upon a route and average speed, as there is no formal ride leader. Miles may be turned into the Club Records Keeper.
Saturday May 29 10:00 a.m.	IDOT South Parking Lot 2300 S Dirksen Pkwy Springfield, IL Ride Leader: David McDivitt	To Sangchris Lake (C Ride). Join David for a 31-mile ride at a 14 mph average speed down the Lost Bridge Trail and some country roads. David will create a B ride option also, depending on the needs of the riders. Refreshments will be provided at Sangchris Lake. For more info call David McDivitt (217) 785-1986.
Sunday May 30 1:00 p.m.	Chatham Community Park (east parking lot) 760 S Main Street Chatham, IL Show-N-Go	BC Ride (Show-N-Go). Cyclists will meet up and decide upon a route and average speed, as there is no formal ride leader. Miles may be turned into the Club Records Keeper.

2021 SBC CHALLENGE RIDES

The Challenge Rides have traditionally been held in the summer and led up to the Capital City Century in September. Did you ride any of the Challenge Rides in 2020? The format for this year will be like last year. A window of nine days to ride the route and track your challenge should provide an opportunity to ride with friends or ride during good weather. Final details are still being worked out, but registration for the Challenge Rides will open the first week in May. Four distances for each ride will be offered (approximately 100 miles, 63 miles, 40 miles, 25 miles). Dates and locations for each ride are May 15-23 (Centennial Park), June 19-27 (Stuart Park), July 17-25 (Chatham Community Park), August 14-27 (Rochester Community Park).

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Saturday, May 15 through Sunday, May 23	Centennial Park	
Saturday, June 19 through Sunday, June 27	Stuart Park	
Saturday, July 17 through Sunday, July 25	Chatham	
Saturday, August 14 through Sunday, August 22	Rochester	
Saturday September 11	Centennial Park	Mark your calendar for Saturday, September 11. This year's ride will start from Centennial Park. Registration will be opening up soon. Watch www.capcitycentury.com for details!

SBC TRAVELS -- register individually

In 2018 the Springfield Bicycle Club launched SBC Travels to encourage club members to travel and bike together when riding in events outside of the region. The Club's first event in 2018 was the Hilly Hundred, a two-day event in Ellettsville, Indiana in October. While a couple of riders carpooled, others drove separately. Their lodging varied as well, with some staying in hotels, another using Airbnb, and others tent-camping at the ride headquarters. Both mornings, though, the group met to begin the day's 50-mile ride and often regrouped at rest stops. And despite the hills' best efforts, everyone finished the ride. With each SBC Travels events, members are responsible for registering themselves for each event and for arranging for travel and lodging to the rides.

Saturday	Tour of Hermann	This event is set up for all rider levels. 1st timers to Pros. You can do one to five loops. This is a self supported event with
May 1	Hermann, Missouri	distances ranging from 30 miles to 203 miles of bicycling endurance challenge on a gravel and dirt roads surrounding the
and		beautiful sites of the Hermann. The terrain has rolling short steep hills and moderate sustained climbs with a total of 6,960
Sunday		feet of climbing potential. For more info go to http://offroadracingleague.com/tour-of-hermann-gravel-challenge/ or call
May 2		(314) 962-7715.
Saturday	Vino Fondo Sugar Creek Winery	A traditional pairing of challenging riding and a tour of some of Missouri's best vineyards. This is a fully supported, timed ride
May 15 6:00am -	125 Boone Country Lane	with multiple gravel/road options The Mondo Fondo, Midi Fondo, Mini Fondo, Mondo Grindo Fondo and Midi Grindo
8:00am	Defiance, Missouri	Fondo. Although it is not a race, all participants will receive two measures of their achievement: overall ride time and their
		climbing time over the penultimate beast, the Schluersburg. There are three distance options, each tuned to maximize
		scenery and include as many regions challenging "topographic features" as they can find. For more information go to
		http://stltraining@powerupcycing.net or call (636)875-4334
Saturday June 12	Tour of the Mississippi River	The tour leaves on Saturday from Bettendorf, Iowa (106 miles) or from Goose Lake, Iowa (75 miles), and travel to Clarke
and	Valley (TOMRV)	University in Dubuque, Iowa. The next day we return using a different route to Bettendorf (90 miles) or to Goose Lake (50
Sunday, June 13	Scott Community College	miles). The route is varied and scenic, using lightly traveled paved roads. There are many views of the Mississippi River as we
	500 Belmont Road	ride along it, over it on bridges, and through it on causeways. The route is hilly near Dubuque, with 6,000 feet of climbing on
	Riverdale, IA	Saturday and 4,000 feet on Sunday. For more information go to https://www.qcbc.org/tomrv/
Saturday	Tour De Donut	Tour De Donut is a bicycle race spoof on the Tour De France. From the mass start, the approximately 32-34 mile route
July 10, 2021	Staunton, IL	follows lightly traveled roads over rolling terrain. Riders can stop at two checkpoint stations (donut stops). While donut
9:00 a.m.		consumption is not mandatory, the rider is awarded a five (5) minute time credit for each donut eaten. For more
		information go to http://tourdedonut.org
Saturday	Terry Anastas Ultimate Ride	2nd Annual event in honor of the memory of Terry Anastas. Terry was an avid cyclists, handball player and community
July 10, 2021	Quincy, IL	activist. Terry tragically and unexpectedly passed in 2020. There are four different ride options: a 7mile, a 12-mile poker run,
9:00 a.m.		a mountain bike route, and a 65-mile Metric Century Route. The day will include prizes, raffles, lunch and a band. For more
		information you can go to Terry Anastas Ultimate Ride on Facebook or to Friendsofthetrail.org

Apple Cider Century Three Oaks Elementary School	This annual one day 15, 25, 37, 50, 62, 75 or 100 mile bicycling tour of the orchards, forests, and wine country in and around Three Oaks, Michigan on the last Sunday in September. It is a recreational and social tour for bicyclists. It is neither a race or
Three Oaks, MI	a test of stamina. It is intended that all participants ride the tour in a safe and intelligent manner following COVID guidelines. Lodging is available at area hotels or at camping sites. Go to https://www.applecidercentury.com for more information and links to accommodations.
Hilly Hundred	Riders face a hilly 50 mile route on Saturday followed by another on Sunday. Lodging is available at area hotels or on the
	grounds of the school complex that serves as the ride headquarters, where riders can tent-camp, stay in their own RVs, or
Ellettsville, IN	sleep in a climate-controlled gymnasium. For more info go to https://www.hillyhundred.org.
ATING RIDES	
New City Community Church	New City Time Trials (ABC Ride). This is a non-affiliated 10.85 mile time trial on Pawnee New City Road. Most riders are
parking lot	seeking to improve their cycling ability and personal time-trial speed. All are welcome to participate. Check in immediately
New City Rd & Cardinal Hill Rd	after arriving. The goal is to send off the first rider at 6:00 p.m. Riders are started in 15-second intervals with the slower
Pawnee, IL	riders first. Bring \$2 for the timer. Call or text Steve Schien (217) 741-8388 to be added to the email group for updates.
· ·	ABC Ride (WheelFast Ride). Wheel Fast intermediate training road ride. Meet at the bike shop and plan on 16-20 miles. For
	more info call Matt Saner at (217) 483-7807.
Chatham, IL Ride Leader: Matt Saner	
BikeTek	Team MACK Race Training (AB Ride). For newer riders looking to race, this 32-mile ride offers a great opportunity to
957 Clocktower Dr	improve your top-end speed and race skills. Riders average 23-28 mph and ride in pace lines. Road bikes preferred. Cyclists
Springfield, IL Show-N-Go	will sprint five times on the Tuesday night rides. Contact Gary Doering (teammack@comcast.net) with questions.
State Capitol Visitor Center	Historic Ride (D Ride). Ride your own bicycle following a guide on a casual and easy-paced bicycle tour of historic sites in the
425 S. College St.	capital city. This neighborhood-style ride will go past historic sites, including the Dana-Thomas House, First Black Fire House,
Springfield, IL	Lincoln Home, Old State Capitol, Lincoln Tomb, and others. Information will be provided at nine stops along the route. The
	eight-mile round trip ride will take about two hours. Helmets are required and a water bottle is recommended. For more info call (217) 785-7960. Make reservations at http://historicspringfield.dnr.illinois.gov
State Capitol Visitor Center	Five Houses Tour (D Ride). Ride your own bicycle following a guide on a casual and easy-paced bicycle tour of historic sites in
425 S. College St.	the capital city. This neighborhood-style ride will go past historic sites, including the Dana-Thomas House, Lincoln Colored
Springfield, IL	Home, First Black Fire House, Judge John Taylor House, and the Old State Capitol. Information will be provided at five stops along the route. The five-mile round trip ride will take about two hours. Helmets are required and a water bottle is recommended. For more info call (217) 785-7960. Make reservations at http://histroicspringfield.dnr.illinois.gov
	Three Oaks Elementary School Three Oaks, MI Hilly Hundred Edgewood High School 601 E Edgewood Drive Ellettsville, IN EATING RIDES New City Community Church parking lot New City Rd & Cardinal Hill Rd Pawnee, IL Wheel Fast Bicycle Co. 17 Cottonwood Dr Chatham, IL Ride Leader: Matt Saner BikeTek 957 Clocktower Dr Springfield, IL Show-N-Go State Capitol Visitor Center 425 S. College St. Springfield, IL State Capitol Visitor Center 425 S. College St.

Thursday	Scheels	ABCD Ride (Trail and Road Ride) This ride is intended for all levels of riders. Some riders stay on the trails for 10-12 miles
5:45 p.m.	3801 S MacArthur Blvd	while others add a road ride for 20-30 miles. A designated ride leader stays with the participants of each riding group. This is
	Springfield, IL	a no-drop ride. Follow us on Facebook at springfieldscheels. Helmets required. Call Jim Storm for more info (217) 726-6330.
	Ride Leader: Jim Storm	