



August 2021 Ride Schedule

For updates, corrections and last-minute changes to the ride schedule, please check the SBC website (www.spfldcycling.org), or the group Facebook page (Springfield Bicycle Club, Springfield IL). All rides return to the starting point unless otherwise noted.

Ride Classifications

A	18.1-20.0+ mph average speed.
	These rides are for extremely strong and competitive cyclists with expert bike handling skills. Expect cyclists to be self-sufficient, and able to maintain speeds of 19+ mph for extended distances using pace-lines and other faster riding skills.
B	16.1-18.0 mph average speed.
	These rides are for strong, experienced cyclists with considerable group riding experience. Expect the emphasis to be on improving individual stamina and riding skills. Cyclists will not feel obligated to wait for slower riders. Many times, pace-lines are common in group riding. Cyclists should be able to handle their own flats and other minor mechanical repairs and should be comfortable navigating by map or GPS computer if separated from the group.
C	14.1-16.0 mph average speed.
	These rides are for competent cyclists with basic safety and bike handling skills. These rides combine social riding with improving fitness and riding ability. Expect that most cyclists will ride in groups. There may be rest stops on the route, but they will be limited. Cyclists should be comfortable navigating by map if separated from the group and should be able to handle their own flats and other minor mechanical problems.
Slow C	12.1-14.0 mph average speed.
	These rides are for competent cyclists with basic safety and bike handling skills. These social rides will have rest stops as needed. Expect the ride leader or another club member to sweep (stay with) the slowest cyclist. Assistance from the ride leader will be provided for flats and other minor mechanical problems.
D	10.0-12.0 mph average speed.
	These rides are for novice or recreational cyclists. These rides will have rest stops as needed. Expect the ride leader or another club member to sweep (stay with) the slowest cyclist. Assistance from the ride leader will be provided for flats and other minor mechanical problems.

EZ	Under 10 mph average speed.
	These rides are purely social. Expect shorter routes either in town or on a trail and expect to ride together as a single group. No one will be dropped out of the back of the group. Assistance from the ride leader will be provided for flats and other minor mechanical problems.
GR	Gravel. Route will be gravel, dirt or rough roads that are unsuitable for traditional road bikes.
NC	Non-Cycling events. No bikes required for these events.




Every month the Springfield Bicycle Club needs rides of various levels and lengths. Would you be willing to lead a ride? Contact vp@spfldcycling.org.

REGULAR REPEATING RIDES

Mondays 4:45 p.m. or 5:00 p.m.	West end of Wabash Trail (3316 Robbins Rd) OR Sonic (3102 S Park Ave) Springfield, IL Ride Leader: David McDivitt	Wabash Trail Ride (B Ride). Start at 4:45 p.m. at Parkway Pointe Theater (Lindbergh Blvd & Robbins Rd) and ride east along the Wabash Trail. Cyclists will then meet up with those starting at Sonic at 5:00 p.m. This ride will get you 16 miles from Sonic or 21 miles from Parkway Pointe Theater. Average speed will be 16 mph. For more info call David McDivitt at (217) 725-1986.
Tuesdays 9:00 a.m.	Chatham Community Park west side parking lot 760 S Main Street Chatham, IL Ride Leader: Show and Go	C Ride. Cindy will take you to Virden thru country roads for a 28 mile ride at a pace of 13-14 mph. For more info call Cindy Kvamee (217) 971-8687.

SPRINGFIELD BICYCLE CLUB | AUGUST 2021 RIDE SCHEDULE

<p>Tuesdays 5:30 p.m.</p>	<p>Variable start locations See Springfield "Slow C Riders" Facebook group details</p>	 <p>Slow C Riders (Slow C). These are NO DROP rides. The location and route leader frequently changes. These rides will be approximately 20 miles ride at a 12.1-14.0 mph pace. See the Slow C Facebook page for updates. Lights are suggested. For more info call Bob Coady (217) 416-2181.</p>
<p>Tuesdays August 10 & 24 5:45 p.m.</p>	<p>Quaker Steak & Lube 1120 W Lincolnshire Blvd Springfield, IL Ride Leader: Show and Go</p>	<p>Tuesday C-Group (C Ride). Ride the "Lollipop Route" for 23 miles along the trail to Chatham and for a short distance in the country. This is a no-drop ride. Would you consider being a ride leader for this ride? Contact vp@spfldcycling.org if interested.</p>
<p>Tuesdays August 3 & 17 & 31 5:45 p.m.</p>	<p>Stuart Park Parking Lot 1800 Winch Lane Springfield, IL Ride Leader: Show and Go</p>	<p>Tuesday C-Group (C Ride). This C-group Ride travels 20 miles going north from Stuart Park along county roads, south on Old Covered Bridge Lane, then west onto Pec Road, east on Old Salem Lane then onto the Sangamon Valley Trail from Meadowbrook. This is a no-drop ride. Would you consider being a ride leader for this ride? Contact vp@spfldcycling.org if interested.</p>
<p>Wednesdays 8:00 a.m.</p>	<p>Caribou Coffee 1025 Outer Park Drive Springfield, IL Ride Leader: Steve Casper</p>	<p>Coffee Ride (B Ride). This is a no-drop ride for 30 miles with an 17 mph average to start with while progress thru the season up to 18 -19 mph. There is a coffee stop after the ride at Caribou Coffee. For more info call Steve Casper (217) 414-9833.</p>
<p>Wednesday 5:30 p.m.</p>	<p>Sangamon Valley Trailhead 5529 Bunker Hill Road Springfield, IL Ride Leader: Ted Sunder</p>	<p>Ride the SVT (BCD Ride). Ride the Sangamon Valley Trail to Stuart Park for 12 miles round-trip or take the new extension north for up to 24 miles. Lights are recommended. For more info call Ted Sunder (217) 971-3193.</p>
<p>Thursday 5:30 p.m.</p>	<p>Stuart Park Parking Lot 1800 Winch Lane Springfield, IL Ride Leader: Alan Whitaker</p>	<p>Sangamon Valley Trail (D Ride). Leisurely 12-mile round trip ride on the Sangamon Valley Trail. Relaxed pace of 10-12 mph, extra 12 miles is optional. For more info call Alan Whitaker (217) 494-6807.</p>
<p>Thursday 5:45 p.m.</p>	<p>BikeTek 957 Clocktower Dr. Springfield, IL Ride Leader: Paul O'Connor</p>	<p>B-Tek Ride (BC Ride). This is a developmental ride for low-B, high-C riders at a 16mph average for 25-30 miles. Riders will learn how to improve their skills and speed. Ride west from Bike Tek to country roads and some hills. The goal of this ride is to get riders to achieve 18 mph by seasons end. For more info call Paul O'Connor at (618) 694-3446.</p>

SPRINGFIELD BICYCLE CLUB | AUGUST 2021 RIDE SCHEDULE

Fridays 9:00 a.m.	Wabash Trail by Sonic 3102 S. Park Avenue Springfield, IL Ride Leader: Show and Go	Interurban Trail Ride (C Ride). Ride with Cindy on the Interurban Trail to Apple Barn in Chatham. 25 miles at a pace of 13-14 mph. For more info call Cindy Moreno (217) 341-3457.
Saturdays and Sundays 8:00 a.m.	Vrendenburgh Park 100 Crusaders Road Springfield, IL Ride Leader: Derek Ewing	V'Burgh Park (A Ride). Rides will be 30-40 miles and new riders are very welcome. Cyclists should be self-sufficient and able to maintain speeds of 18+ mph for extended distances. This is a NO DROP RIDE! For more info check out the Facebook Page, "Springfield IL Area Cycling" or call Derek Ewing (217) 414-8803.
Saturdays and Sundays 8:00 a.m.	Vrendenburgh Park 100 Crusaders Road Springfield, IL Show and Go	V'Burgh Park (BC Ride). Rides will be 30-40 miles at 14-16 mph average. New riders are very welcome. This is a no drop ride. The goal would be to progress and have the opportunity to move up to the A ride with time.

SCHEDULED RIDES AND EVENTS

Monday August 2 7:00 p.m.	Virtual meeting via Zoom President: Troy Gilmore	Board Meeting (NC). All Springfield Bicycle Club members are invited to attend the board meeting. Meeting is held via Zoom. If you would like to attend email president@spfldcycling.org for Zoom link or for more info call Troy Gilmore (217) 720-1568.
Tuesday August 3 5:30 p.m.	Schorfheide Residence 837 Oxford Drive Chatham, IL Ride Leader: Nathan Schorfheide	Mystery Ride (Slow C Ride). 12.1-14.0 mph NO DROP ride - If you seek adventure and the mysterious, this ride is for you. Let's follow Nathan Schorfheide on a 24 mile ride into the unknown. Lights are suggested. We won't know where we're going, but who cares, we're riding! For more info call Bob Coady (217) 416-2181. NOTE: Nathan has indicated that he will provide some food at the end of the ride. What a gracious host! Please BYOB!
Sunday August 8 9:00 a.m.	3917 Surry Place Lane Springfield, IL Ride Leader: Ernie DeFrates	Turbo Blender Ride (C Ride). Join Ernie for a 30 - 35 mile loop at a 14 mph pace. Turbo Blender drinks and snacks at Ernie's house after the ride. For more info call Ernie Defrates (217) 971-1246.
Tuesday August 10 5:30 p.m.	Stuart Park 1800 Winch Lane Springfield, IL Ride Leader: Bob Coady	Athens Oasis (Slow C Ride). 12.1-14.0 mph NO DROP ride - Let's roll on down the road to a Midwest oasis, the Casey's in Athens. 23 miles of pure pleasure on 2 wheels! Bring your treat money! Lights are suggested. For more info call Bob Coady (217) 416-2181.

<p>Tuesday August 17 5:30 p.m.</p>	<p>Centennial Park large parking lot Bunker Hill Road Springfield, IL Ride Leader: Jennifer Rockwell</p>	<div data-bbox="762 168 1010 412" data-label="Image"> </div> <p>Crazy for Corndogs (Slow C Ride). 12.1-14.0 mph NO DROP ride - Let's celebrate the Illinois State Fair with a loop down thru Chatham and the Interurban Trail back to Springfield. We will stop at the Cozy Dog before returning to Centennial Park. Bring your treat money! 23 miles of pure pleasure on 2 wheels! Lights are suggested. For more info call Jennifer Rockwell (217) 622-2699.</p>
<p>Saturday August 21 8:00 a.m.</p>	<p>Meet for carpooling at 8:00 a.m. Cracker Barrel Parking Lot I-55 and Toronto Road Ride Leader: Harv Koplo (217) 899-9175</p>	<div data-bbox="762 430 1150 691" data-label="Image"> </div> <p>BC — Arch Ride. Ride to the ST. LOUIS ARCH area at a leisurely pace (should be able to ride 14 mph) on the Madison County Trail system beginning in Edwardsville, IL. SBC friend Mike Hungerford will lead us in Edwardsville from the SugarFire Smokehouse BBQ on Plum Street around 9:00am. The ride follows the asphalt trails and some city streets to cross the McKinley Bridge on and up the river trail in St. Louis to the Arch. We will lunch at the Broadway Oyster Bar and return – about 44 total ride miles. Contact Harv for information. NOTE: rain and heat may cancel this ride.</p>
<p>Monday August 23 5:30 p.m.</p>	<p>Centennial Park (meet at SVT Trailhead parking lot) Bunker Hill Road Springfield, IL Ride Leader: Anne Schroll</p>	<p>Gravel Ride. This ride will get you approximately 20 miles. Expect to maintain speeds between 10-14 mph depending on the road surface. Depending on weather, we may change things up and ride the forest trails in Lewis Memorial Park. For more info call Anne Schroll (217) 414-4101 or check out the Facebook event page</p>
<p>Tuesday August 24 5:30 p.m.</p>	<p>Centennial Park large parking lot Bunker Hill Road Springfield, IL Ride Leader: Jennifer Rockwell</p>	<p>Loop of Three Trails (Slow C Ride). 12.1-14.0 mph NO DROP ride - Let's follow Jennifer Rockwell through the country, Interurban, Wabash and Sangamon Valley Trails for a pleasant 22 miles. Largely flat, this is perfect for a nice evening ride, including a stop at Sabores (new Mexican popsicle place in Chatham). Lights are suggested. For more info call Jennifer Rockwell (217)622-2699.</p>
<p>Sunday, August 29 12 PM</p>	<p>Rotary Park Ride Leader: Bob Coady</p>	<p>Slow C 12.1-14.0 mph NO DROP Ride - What does a cardboard box and a ton of duct tape have in common? A crazy cardboard boat regatta at Sheedy Shores Wine Garden in Loami! This will be only about 30 miles round trip, more about fun than riding. Join us for an afternoon of laughs, music, food and fun. https://ridewithgps.com/routes/37170212 Cardboard Boat Regatta Facebook</p>

Monday August 30 5:30 p.m.	Lost Bridge Trail Head IDOT Parking Lot 2300 S. Dirksen Pkwy Springfield, IL Ride Leader: Jennifer Rockwell	<p>Lost On The Trail (Slow C Ride). 12.1-14.0 mph NO DROP ride - MONDAY IS THE NEW TUESDAY!! This night only, we are moving the Tuesday night ride up to Monday. This is so everyone can attend the SCS Socializer at Home Plate Tuesday night. The Socializer conflicted with our normal ride night, and we all want to do both! Please join us on both nights!</p> <p>Let's get lost for about 22 miles or less depending on daylight on the Lost Bridge Trail through Rochester. Starts at IDOT parking lot. The ride will include a stop at the Sno Shak in the Community Park, so don't forget your treat money! Hope to see you there! For more info call Jennifer Rockwell (217)622-2699.</p>
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2021 SANGAMON CYCLING SERIES



Open to members and non-members, The Sangamon Cycling Series is a series of four rides, held in May, June, July and August. Riders have a nine-day window to ride each route in the series. Each ride event begins on a Saturday and ends on a Sunday, as follows in the calendar below. For each ride in the series, there will be four distance options to choose from. The distances will be approximately as follows: 25 miles, 40 miles, 60 miles, 100 miles. On the first Saturday and the last Sunday of each event, the SBC will have an aid station set up at a location to be determined and will provide bottled water and prepackaged nutrition for all registered riders. In addition, on the first Saturday and last Sunday of each event, there will be ride leaders who will lead the 25-mile and 40-mile distances. All registrants will receive a Springfield Bicycle Club t-shirt. These are unisex CVC crew shirts from Next Level Apparel, with three color choices. Cost for the series is \$22.00. Visit the website at <https://www.spfldcycling.org>

Saturday, August 14 through Sunday, August 22	Chatham Community Park west side parking lot 760 S Main Street Chatham, IL	<p>EVENT 4 – Chatham Community Park</p> <p>Saturday, August 14, 9:00 a.m.: Marty Celnick will lead the 40 mile route at a C/D pace. Sunday, August 22, 8:00 a.m.: Ted Sunder will lead the 25 mile route at a B/C pace.</p> <p>Other groups will likely form on Saturday, August 14 & Sunday August 22. One rest stop will be open from 8:00-10:00 a.m. A second rest stop will be open from 10:00 a.m.-noon with prepackaged snacks and bottled water and Gatorade. T-shirts will be available for pick-up prior to the ride in Chatham Community Park starting at 7:00 a.m. Check out the Sangamon Cycling Series tab on the website www.spfldcycling.org.</p> <p>Email vp@spfldcycling.org if you'd like to lead a route on August 14 or 22 or help with the rest stops.</p>
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CAPITAL CITY CENTURY

**Saturday
September 11**

Centennial Park
(large parking lot)
Bunker Hill Road
Springfield, IL



This is the Springfield Bicycle Club's largest annual ride. For all the information and registration go to www.capcitycentury.com

SBC TRAVELS -- register individually

Do you have a recommendation for an SBC Travels Event? Did you find an interesting event on Facebook that others might like? Then email vp@spfldcycling.org and let us know.

In 2018 the Springfield Bicycle Club launched SBC Travels to encourage club members to travel and bike together when riding in events outside of the region. The Club's first event in 2018 was the Hilly Hundred, a two-day event in Ellettsville, Indiana in October. While a couple of riders carpooled, others drove separately. Their lodging varied as well, with some staying in hotels, another using Airbnb, and others tent-camping at the ride headquarters. Both mornings, though, the group met to begin the day's 50-mile ride and often regrouped at rest stops. And despite the hills' best efforts, everyone finished the ride. With each SBC Travels events, members are responsible for registering themselves for each event and for arranging for travel and lodging to the rides.

**SATURDAY
August 7**

Staging Area:
Chatham Intermediate School
465 Chatham Rd.
Chatham, IL 62629



Illinois Senior Olympics (Presented by Wheelfast Bicycle Co.)

Check-in - 7:15 a.m.
5K Time Trial: 8:30 a.m.
20K Road Race: 10:30 a.m.

[Register at IL Senior Olympics Website](#)

**SATURDAY
August 21**




Rural Cyclery
Colin Kuchy
21 S. Main St.
Winchester, IL 62694
217-972-4506

ruralcyclery@gmail.com

2021 Inaugural Race With Veterans

This is an event that will be taking place on Saturday, August 21 in Winchester to raise funds for suicide awareness for veterans. It is a 22 mile, 2 loop, ride that starts and finishes in Winchester, IL. There will be events following the ride with bands, food, and a bags tournament all around the downtown square. Rural Cyclery will be providing ride support before, during, and after the ride for anyone needing any cycling assistance.

Learn more at [Winchester Race with Veterans Facebook Page](#)

SEPTEMBER 2021	Organizer: Nick Courtney (217) 341-9934		Sangamon County Virtual Cycle Challenge – How Far Can You Ride for a Rescue? Cycle anytime and anywhere in Sangamon County during the month of September and raise money for homeless pets. All proceeds go to benefit Friends of the Sangamon County Animal Control. Learn more at the Facebook Event page
Saturday September 4	Routt Catholic High School 500 E College Ave. Jacksonville, IL 62650 Facebook Event Page		3rd Annual Tour de Routt Bicycle Ride This year's event we will be offering 2 different routes! You'll have your choice between a 15-mile ride and a 30-mile ride. Bicycle riders of all ages are welcome. Learn More at Tour de Routt Facebook Event Page
Sunday September 5 8:00 a.m.	Tour De Turner 203 W 3rd South Mt. Olive, IL	This is a cycling event for families and individual riders who simply enjoy the camaraderie of an organized ride. Multiple route lengths are available for riders of all experience levels. All routes will begin and end at the JC Niemann Park in Mt. Olive, IL. Rides will have staggered, rolling start times, based on length, to minimize congestion in the park. Rest stops will be provided along the routes. Also, SAG services and a repair tent will be provided by our sponsor, the Bike Surgeon. Online registration will be open until the start time of the ride, and you will not be able to register in person. See Facebook page and register at runsignup.com	
Sunday September 26	Apple Cider Century Three Oaks Elementary School Three Oaks, MI	This annual one day 15, 25, 37, 50, 62, 75 or 100 mile bicycling tour of the orchards, forests, and wine country in and around Three Oaks, Michigan on the last Sunday in September. It is a recreational and social tour for bicyclists. It is neither a race or a test of stamina. It is intended that all participants ride the tour in a safe and intelligent manner following COVID guidelines. Lodging is available at area hotels or at camping sites. Go to https://www.applecidercentury.com for more information and links to accommodations.	
Sunday September 26	Prairie Pedal Rock Springs Conservation Area 3939 Nearing Lane Decatur, IL		This annual one day 20, 40 or 62 mile bicycling tour of quiet Macon County country roads. All routes begin and end at Rock Springs Conservation Area. It is a recreational and social tour for bicyclists. Well stocked rest stops will be provided along the routes and support vehicles will be monitoring the riders. After the ride, enjoy live music and a tasty chili lunch (with vegetarian option) and an assortment of refreshments. Go to https://www.maconcountyconservationfoundation.org for more information.

SPRINGFIELD BICYCLE CLUB | AUGUST 2021 RIDE SCHEDULE

Sunday October 10 1:00 p.m.	43rd Oktoberfest Roger Schnelten's Home 245 Circle Drive Springfield, IL	This annual event is in coordination with the Springfield Ski and Travel Club. Join us at 1:00pm for a 41 mile bike ride with shorter options. Bonfire, Food, Beer, Music, and Games. Meat off the grill at 4:00pm - Side dishes welcomed! Call Roger at (217)-529-0780 for more information.
Saturday, October 9 and Sunday, October 10	Hilly Hundred Edgewood High School 601 E Edgewood Drive Ellettsville, IN	Riders face a hilly 50 mile route on Saturday followed by another on Sunday. Lodging is available at area hotels or on the grounds of the school complex that serves as the ride headquarters, where riders can tent-camp, stay in their own RVs, or sleep in a climate-controlled gymnasium. For more info go to https://www.hillyhundred.org .

NON-SBC REPEATING RIDES

(Every other Wednesday) August 4 August 18 5:45pm	New City Community Church parking lot New City Rd & Cardinal Hill Rd Pawnee, IL	New City Time Trials (ABC Ride). This is a non-affiliated 10.85 mile time trial on Pawnee New City Road. Most riders are seeking to improve their cycling ability and personal time-trial speed. All are welcome to participate. Check in immediately after arriving. The goal is to send off the first rider at 6:00 p.m. Riders are started in 15-second intervals with the slower riders first. Bring \$2 for the timer. Call or text Steve Schien (217) 741-8388 to be added to the email group for updates.
Tuesdays and Thursdays 5:30 p.m.	BikeTek 957 Clocktower Dr Springfield, IL Show-N-Go	Team MACK Race Training (AB Ride). For newer riders looking to race, this 32-mile ride offers a great opportunity to improve your top-end speed and race skills. Riders average 23-28 mph and ride in pace lines. Road bikes preferred. Cyclists will sprint five times on the Tuesday night rides. Contact Gary Doering (teammack@comcast.net) with questions.
Wednesdays & Fridays 10:00 a.m.	State Capitol Visitor Center 425 S. College St. Springfield, IL	Historic Ride (D Ride). Ride your own bicycle following a guide on a casual and easy-paced bicycle tour of historic sites in the capital city. This neighborhood-style ride will go past historic sites, including the Dana-Thomas House, First Black Fire House, Lincoln Home, Old State Capitol, Lincoln Tomb, and others. Information will be provided at nine stops along the route. The eight-mile round trip ride will take about two hours. Helmets are required and a water bottle is recommended. For more info call (217) 785-7960. Reservations required at http://historicspringfield.dnr.illinois.gov
Wednesdays & Fridays 1:00 p.m.	State Capitol Visitor Center 425 S. College St. Springfield, IL	Five Houses Tour (D Ride). Ride your own bicycle following a guide on a casual and easy-paced bicycle tour of historic sites in the capital city. This neighborhood-style ride will go past historic sites, including the Dana-Thomas House, Lincoln Colored Home, First Black Fire House, Judge John Taylor House, and the Old State Capitol. Information will be provided at five stops along the route. The five-mile round trip ride will take about two hours. Helmets are required and a water bottle is recommended. For more info call (217) 785-7960. Reservations required at http://historicspringfield.dnr.illinois.gov
Wednesdays 6:00 p.m.	Wheel Fast Bicycle Co., 17 Cottonwood Dr, Chatham, IL Ride Leader: Matt Saner	ABC Ride (WheelFast Ride). Wheel Fast intermediate training road ride. Meet at the bike shop and plan on 16-20 miles. NOTE TIME CHANGE FOR AUGUST! For more info call Matt Saner at (217) 483-7807.

Thursdays 5:45 p.m.	Scheels 3801 S MacArthur Blvd Springfield, IL Ride Leader: Jim Storm	ABCD Ride (Trail and Road Ride) This ride is intended for all levels of riders. Some riders stay on the trails for 10-12 miles while others add a road ride for 20-30 miles. A designated ride leader stays with the participants of each riding group. This is a no-drop ride. Follow us on Facebook at springfieldscheels. Helmets required. Call Jim Storm for more info (217) 726-6330.
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