



October 2021 Ride Schedule

For updates, corrections and last-minute changes to the ride schedule, please check the SBC website (www.spfldcycling.org), or the group Facebook page (Springfield Bicycle Club, Springfield IL). All rides return to the starting point unless otherwise noted.



Ride Classifications



A	18.1-20.0+ mph average speed.
	These rides are for extremely strong and competitive cyclists with expert bike handling skills. Expect cyclists to be self-sufficient, and able to maintain speeds of 19+ mph for extended distances using pace-lines and other faster riding skills.
B	16.1-18.0 mph average speed.
	These rides are for strong, experienced cyclists with considerable group riding experience. Expect the emphasis to be on improving individual stamina and riding skills. Cyclists will not feel obligated to wait for slower riders. Many times, pace-lines are common in group riding. Cyclists should be able to handle their own flats and other minor mechanical repairs and should be comfortable navigating by map or GPS computer if separated from the group.
C	14.1-16.0 mph average speed.
	These rides are for competent cyclists with basic safety and bike handling skills. These rides combine social riding with improving fitness and riding ability. Expect that most cyclists will ride in groups. There may be rest stops on the route, but they will be limited. Cyclists should be comfortable navigating by map if separated from the group and should be able to handle their own flats and other minor mechanical problems.
Slow C	12.1-14.0 mph average speed.
	These rides are for competent cyclists with basic safety and bike handling skills. These social rides will have rest stops as needed. Expect the ride leader or another club member to sweep (stay with) the slowest cyclist. Assistance from the ride leader will be provided for flats and other minor mechanical problems.
D	10.0-12.0 mph average speed.
	These rides are for novice or recreational cyclists. These rides will have rest stops as needed. Expect the ride leader or another club member to sweep (stay with) the slowest cyclist. Assistance from the ride leader will be provided for flats and other minor mechanical problems.


EZ	Under 10 mph average speed.
	These rides are purely social. Expect shorter routes either in town or on a trail and expect to ride together as a single group. No one will be dropped out of the back of the group. Assistance from the ride leader will be provided for flats and other minor mechanical problems.
GR	Gravel. Route will be gravel, dirt or rough roads that are unsuitable for traditional road bikes.
NC	Non-Cycling events. No bikes required for these events.

REGULAR REPEATING RIDES

MONDAYS 4:45 P.M. OR 5:00 P.M.	West end of Wabash Trail (3316 Robbins Rd) OR Sonic (3102 S Park Ave) Springfield, IL Ride Leader: David McDivitt	Wabash Trail Ride (B Ride). Start at 4:45 p.m. at Parkway Pointe Theater (Lindbergh Blvd & Robbins Rd) and ride east along the Wabash Trail. Cyclists will then meet up with those starting at Sonic at 5:00 p.m. This ride will get you 16 miles from Sonic or 21 miles from Parkway Pointe Theater. Average speed will be 16 mph. For more info call David McDivitt at (217) 725-1986.
TUESDAYS 5:30 P.M.	Variable start locations See Springfield "Slow C Riders" Facebook group for details	Slow C Riders (Slow C). These are NO DROP rides and are SHOW AND GO for October. The location changes weekly. These rides will be approximately 20 miles ride at a 12.1-14.0 mph pace. See the Slow C Facebook page for updates. Lights are REQUIRED for safety. All rides will end on a multi use trail to avoid vehicular traffic. For more info call Bob Coady (217) 416-2181.
WEDNESDAYS 8:00 A.M.	Caribou Coffee 1025 Outer Park Drive Springfield, IL Ride Leader: Steve Casper	Coffee Ride (B Ride). This is a no-drop ride for 30 miles with an 17 mph average to start with while progress thru the season up to 18 -19 mph. There is a coffee stop after the ride at Caribou Coffee. For more info call Steve Casper (217) 414-9833.
WEDNESDAY 5:30 P.M.	Sangamon Valley Trailhead 5529 Bunker Hill Road Springfield, IL Ride Leader: Ted Sunder	Ride the SVT (BCD Ride). Ride the Sangamon Valley Trail to Stuart Park for 12 miles round-trip or take the new extension north for up to 24 miles. Lights are recommended. For more info call Ted Sunder (217) 971-3193.
THURSDAY 5:30 P.M.	Stuart Park Parking Lot 1800 Winch Lane Springfield, IL Ride Leader: Alan Whitaker	Sangamon Valley Trail (D Ride). Leisurely 12-mile round trip ride on the Sangamon Valley Trail. Relaxed pace of 10-12 mph, extra 12 miles is optional. For more info call Alan Whitaker (217) 494-6807.

SATURDAYS AND SUNDAYS 9:00 A.M.	Vrendenburgh Park 100 Crusaders Road Springfield, IL Ride Leader: Derek Ewing	V'Burgh Park (A Ride). Rides will be 30-40 miles and new riders are very welcome. Cyclists should be self-sufficient and able to maintain speeds of 18+ mph for extended distances. This is a NO DROP RIDE! For more info check out the Facebook Page, "Springfield IL Area Cycling" or call Derek Ewing (217) 414-8803.
SATURDAYS AND SUNDAYS 9:00 A.M.	Vrendenburgh Park 100 Crusaders Road Springfield, IL Show and Go	V'Burgh Park (BC Ride). Rides will be 30-40 miles at 14-16 mph average. New riders are very welcome. This is a no drop ride. The goal would be to progress and have the opportunity to move up to the A ride with time.
SCHEDULED RIDES AND EVENTS		
SUNDAY OCTOBER 3 9:00 A.M.	Rotary Park 4501 W Iles Ave Springfield, IL Ride Leader: Marty Celnick	Auburn or Athens? (Slow C to C Ride). Cyclists will meet up and decide upon a route depending on wind conditions an average speed of 12-14 mph. Possible routes 20-30 miles going to one of the following locations depending on the wind: Chatham, Auburn, Athens or Loami. For more information call Marty Celnick (217) 494-9967.
MONDAY OCTOBER 11 7:00 P.M.	Virtual meeting via Zoom President: Troy Gilmore	Board Meeting (NC). All Springfield Bicycle Club members are invited to attend the board meeting. Meeting is held via Zoom. If you would like to attend email president@spfldcycling.org for Zoom link or for more info call Troy Gilmore (217) 720-1568.
TUESDAY OCTOBER 5 5:30 P.M.	Lost Bridge Trail Head IDOT Parking Lot 2300 S. Dirksen Pkwy Springfield, IL Ride Leader: SHOW AND GO	Lost on the Trail (Slow C Ride). 12.1-14.0 mph NO DROP SHOW AND GO ride - About 17 miles, out through Lost Bridge Trail and Rochester with a quick loop through the country and back. Return via Lost Bridge Trail. Lights are REQUIRED for safety. See the Slow C Facebook event page for RWGPS route details. For more info call Bob Coady (217) 416-2181.
TUESDAY OCTOBER 12 5:30 P.M.	Stuart Park 1800 Winch Lane Springfield, IL Ride Leader: SHOW AND GO	 Athens Oasis (Slow C Ride). 12.1-14.0 mph NO DROP SHOW AND GO ride - About 23 miles, down the Sangamon Valley Trail and country roads to Casey's in Athens for quick treats and back. Bring your treat money and your mask! Lights are REQUIRED for safety. See the Slow C Facebook event page for RWGPS route details. For more info call Bob Coady (217) 416-2181.
TUESDAY OCTOBER 19 9:00 A.M.	Quaker Steak & Lube 1120 W Lincolnshire Blvd Springfield, IL Ride Leader: SHOW AND GO	 Lolli No Pop (Slow C Ride). 12.1-14.0 mph NO DROP SHOW AND GO ride - About 18 miles, we will go south down the InterUrban Trail through Chatham to the end of Main Street and back. Just the stick of the Lollipop this time! Return via the InterUrban Trail to Quaker Steak and Lube. Lights are REQUIRED for safety. See the Slow C Facebook event page for RWGPS route details. For more info call Bob Coady (217) 416-2181.

TUESDAY OCTOBER 26 5:30 P.M.	Stuart Park 1800 Winch Lane Springfield, IL Ride Leader: SHOW AND GO	Culver's Crawl (Slow C Ride). 12.1-14.0 mph NO DROP SHOW AND GO ride - About 16 miles, down the Sangamon Valley Trail with a little jog on city streets to Culver's! Hats off to Marty for suggesting this route when it was so hot, we still need treats! Bring your treat money and your mask! Lights are REQUIRED for safety. See the Slow C Facebook event page for RWGPS route details. For more info call Bob Coady (217) 416-2181.
SBC TRAVELS -- register individually		
Do you have a recommendation for an SBC Travels Event? Did you find an interesting event on Facebook that others might like? Then email vp@spfldcycling.org and let us know.		
In 2018 the Springfield Bicycle Club launched SBC Travels to encourage club members to travel and bike together when riding in events outside of the region. The Club's first event in 2018 was the Hilly Hundred, a two-day event in Ellettsville, Indiana in October. While a couple of riders carpooled, others drove separately. Their lodging varied as well, with some staying in hotels, another using Airbnb, and others tent-camping at the ride headquarters. Both mornings, though, the group met to begin the day's 50-mile ride and often regrouped at rest stops. And despite the hills' best efforts, everyone finished the ride. With each SBC Travels events, members are responsible for registering themselves for each event and for arranging for travel and lodging to the rides.		
SATURDAY OCTOBER 2 9 AM	Tipton Elementary School Tipton, IA	 <p>Snaggy Ridge 105 . This is a gravel bike race amongst some of Cedar County's best gravel and dirt roads. We have 3 distances to choose from (25,65,105 miles). This event functions as a 100% fundraiser for the Cedar County Coordinated Childcare Center that serves many essential workers in the county.</p> <p>SBC Contact: Anne or Steve Schroll</p> <p>For more info go to Snaggy Ridge Website</p>
SUNDAY OCTOBER 3 9-10 AM	Oak Hills Country Club & Winery Girard, IL	 <p>Macoupin Valley Trail – 4th Annual Country Tour. Join us on Sunday, October 3rd to ride 10, 20 or 40 miles in our beautiful country and then enjoy the site and sounds at Oak Hills Country Club where Captain Geech will be playing from 2 pm to 5 pm. \$5 cover charge for the band is not included in the ride registration. Ride is \$35 per person, long sleeve t-shirt can be added onto your registration for \$15.</p> <p>Learn more at Macoupin Valley Trail Facebook</p>
SATURDAY, OCTOBER 9 AND SUNDAY, OCTOBER 10	Hilly Hundred Edgewood High School 601 E Edgewood Drive Ellettsville, IN	Riders face a hilly 50 mile route on Saturday followed by another on Sunday. Lodging is available at area hotels or on the grounds of the school complex that serves as the ride headquarters, where riders can tent-camp, stay in their own RVs, or sleep in a climate-controlled gymnasium. For more info go to https://www.hillyhundred.org .

SATURDAY OCTOBER 16 8-10 AM	ILL Kanza VI Kansas, Illinois	IL Kanza Gravel Ride/Race presented by Wild Card Cycling. Sixth running of the Ill Kanza gravel grinder starting and ending in Kansas, Illinois. Working on some new courses this year, so come on out and explore some new roads! We promise you won't be disappointed. As before, the roads wind through a wide variety of terrain, and parts of the route are very rough and challenging. Road tires are strongly discouraged! Course distances of 29, 41, 73 and 123 miles. All routes are timed with prizes for top 3 men and women in the 71 and 123 mile distances. Learn more at IL Kanza Facebook Page
NON-SBC REPEATING RIDES		
Wednesdays & Fridays 10:00 a.m.	State Capitol Visitor Center 425 S. College St. Springfield, IL	Historic Ride (D Ride). Ride your own bicycle following a guide on a casual and easy-paced bicycle tour of historic sites in the capital city. This neighborhood-style ride will go past historic sites, including the Dana-Thomas House, First Black Fire House, Lincoln Home, Old State Capitol, Lincoln Tomb, and others. Information will be provided at nine stops along the route. The eight-mile round trip ride will take about two hours. Helmets are required and a water bottle is recommended. For more info call (217) 785-7960. Reservations required at http://historicspringfield.dnr.illinois.gov
Wednesdays & Fridays 1:00 p.m.	State Capitol Visitor Center 425 S. College St. Springfield, IL	Five Houses Tour (D Ride). Ride your own bicycle following a guide on a casual and easy-paced bicycle tour of historic sites in the capital city. This neighborhood-style ride will go past historic sites, including the Dana-Thomas House, Lincoln Colored Home, First Black Fire House, Judge John Taylor House, and the Old State Capitol. Information will be provided at five stops along the route. The five-mile round trip ride will take about two hours. Helmets are required and a water bottle is recommended. For more info call (217) 785-7960. Reservations required at http://historicspringfield.dnr.illinois.gov
Wednesdays 5:30 p.m.	Wheel Fast Bicycle Co., 17 Cottonwood Dr, Chatham, IL Ride Leader: Matt Saner	 ABC Ride (WheelFast Ride). Wheel Fast intermediate training road ride. Meet at the bike shop and plan on 16-20 miles. NOTE TIME CHANGE! RIDES WILL BE ENDING SOON. WATCH FOR UPDATES. For more info call Matt Saner at (217) 483-7807.